

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

Note : si vous disposez d'une connection internet, en cliquant sur le titre d'une épreuve, vous pouvez accéder directement sur le détail de cette épreuve du site fédéral.

800 Nage Libre Dames - Séries (Samedi 23 Novembre 2019)

1 AMBRASS Lilou (2002) FRA	ES MASSY NATATION	08:48.44	1247 pts
50m : 00:30.83 (00:30.83) 100m : 01:03.57 (00:32.74) 150m : 01:36.81 (00:33.24) 200m : 02:10.36 (00:33.55) 250m : 02:43.48 (00:33.12) 300m : 03:16.56 (00:33.08) 350m : 03:49.51 (00:32.95) 400m : 04:22.67 (00:33.16) 450m : --- 500m : 05:29.09 (01:06.42) 600m : 06:35.57 (01:06.48) 700m : 07:42.28 (01:06.71) 800m : 08:48.44 (01:06.16)			
2 DEL'HOMME Laurine (1997) FRA	ES MASSY NATATION	08:52.80	1230 pts
50m : 00:30.50 (00:30.50) 100m : 01:03.38 (00:32.88) 150m : 01:36.93 (00:33.55) 200m : 02:10.85 (00:33.92) 250m : 02:43.89 (00:33.04) 300m : 03:16.89 (00:33.00) 350m : 03:50.03 (00:33.14) 400m : 04:23.53 (00:33.50) 450m : --- 500m : 05:39.98 (01:07.45) 600m : 06:39.88 (01:07.70) 700m : 07:46.28 (01:07.60) 800m : 08:52.80 (01:06.52)			
3 BONDOUY Noah (2004) FRA	ES MASSY NATATION	09:05.66	1179 pts
50m : 00:30.75 (00:30.75) 100m : 01:03.98 (00:33.23) 150m : 01:37.04 (00:33.06) 200m : 02:11.80 (00:34.76) 250m : 02:46.13 (00:34.33) 300m : 03:20.48 (00:34.35) 350m : 03:54.93 (00:34.45) 400m : 04:29.01 (00:34.08) 450m : --- 500m : 05:37.06 (01:08.05) 600m : 06:43.58 (01:10.47) 700m : 07:50.19 (01:09.66) 800m : 09:05.66 (01:08.47)			
4 VASQUEZ Lucie (2004) FRA	ES MASSY NATATION	09:15.14	1142 pts
50m : 00:30.30 (00:30.30) 100m : 01:03.22 (00:32.92) 150m : 01:37.05 (00:33.83) 200m : 02:10.94 (00:33.89) 250m : 02:45.51 (00:34.57) 300m : 03:20.16 (00:34.65) 350m : 03:55.22 (00:35.06) 400m : 04:30.55 (00:35.33) 450m : --- 500m : 05:42.89 (01:12.14) 600m : 06:53.91 (01:11.22) 700m : 08:04.69 (01:10.78) 800m : 09:15.14 (01:10.45)			
5 CARLOS-BROC Zoé (2006) FRA	MORSANG ESSONNE NATATION	09:16.04	1139 pts
50m : 00:31.12 (00:31.12) 100m : 01:05.06 (00:33.94) 150m : 01:39.21 (00:34.15) 200m : 02:13.80 (00:34.59) 250m : 02:49.02 (00:35.22) 300m : 03:24.60 (00:35.58) 350m : 03:59.78 (00:35.18) 400m : 04:35.63 (00:35.85) 450m : --- 500m : 05:46.56 (01:10.93) 600m : 06:58.28 (01:11.72) 700m : 08:09.44 (01:11.16) 800m : 09:16.04 (01:06.60)			
6 ANASSE Valentine (2005) FRA	ES MASSY NATATION	09:16.64	1136 pts
50m : 00:31.00 (00:31.00) 100m : 01:05.22 (00:34.22) 150m : 01:39.78 (00:34.56) 200m : 02:14.81 (00:35.15) 250m : 02:49.30 (00:34.37) 300m : 03:25.22 (00:35.92) 350m : 04:00.36 (00:35.14) 400m : 04:35.11 (00:34.75) 450m : --- 500m : 05:45.75 (01:10.64) 600m : 06:56.88 (01:10.93) 700m : 08:07.50 (01:10.82) 800m : 09:16.64 (01:09.14)			
7 ELIWA Kamila (2004) FRA	ES MASSY NATATION	09:22.79	1113 pts
50m : 00:31.30 (00:31.30) 100m : 01:05.24 (00:33.94) 150m : 01:40.50 (00:35.26) 200m : 02:15.98 (00:35.48) 250m : 02:52.00 (00:36.02) 300m : 03:27.98 (00:35.98) 350m : 04:03.82 (00:35.84) 400m : 04:39.63 (00:35.81) 450m : --- 500m : 05:59.88 (01:10.95) 600m : 07:09.58 (01:10.95) 700m : 08:19.89 (01:11.43) 800m : 09:22.79 (01:09.90)			
8 MAUPOUX Nina (2004) FRA	CN VIRY-CHÂTILLON	09:24.78	1105 pts
50m : 00:30.68 (00:30.68) 100m : 01:04.33 (00:33.65) 150m : 01:39.25 (00:34.92) 200m : 02:15.00 (00:35.75) 250m : 02:50.75 (00:35.75) 300m : 03:26.65 (00:35.90) 350m : 04:02.58 (00:35.93) 400m : 04:38.78 (00:36.20) 450m : --- 500m : 05:51.48 (01:12.40) 600m : 07:03.50 (01:12.32) 700m : 08:15.65 (01:12.15) 800m : 09:24.78 (01:09.13)			
9 JOLY Morgane (2004) FRA	ES MASSY NATATION	09:28.64	1091 pts
50m : 00:31.87 (00:31.87) 100m : 01:06.74 (00:34.87) 150m : 01:42.35 (00:35.61) 200m : 02:18.22 (00:35.87) 250m : 02:54.12 (00:35.90) 300m : 03:29.87 (00:35.75) 350m : 04:05.17 (00:35.30) 400m : 04:40.82 (00:35.65) 450m : --- 500m : 05:53.96 (01:12.54) 600m : 07:05.98 (01:12.00) 700m : 08:17.99 (01:12.23) 800m : 09:28.64 (01:11.05)			
10 HOUAL Solene (2002) FRA	ES MASSY NATATION	09:28.84	1090 pts
50m : 00:31.04 (00:31.04) 100m : 01:04.84 (00:33.80) 150m : 01:39.62 (00:34.78) 200m : 02:14.81 (00:35.19) 250m : 02:50.01 (00:35.20) 300m : 03:25.93 (00:35.92) 350m : 04:01.98 (00:36.05) 400m : 04:38.12 (00:36.14) 450m : --- 500m : 05:49.98 (01:11.86) 600m : 07:02.96 (01:12.98) 700m : 08:16.27 (01:13.31) 800m : 09:28.84 (01:12.57)			
11 MIALOT Maud (2003) FRA	CA ORSAY	09:31.27	1081 pts
50m : 00:32.30 (00:32.30) 100m : 01:07.26 (00:34.96) 150m : 01:42.76 (00:35.50) 200m : 02:18.94 (00:36.18) 250m : 02:54.55 (00:35.61) 300m : 03:30.51 (00:35.96) 350m : 04:06.22 (00:35.71) 400m : 04:41.97 (00:35.75) 450m : --- 500m : 05:54.90 (01:12.33) 600m : 07:06.97 (01:12.17) 700m : 08:19.94 (01:12.87) 800m : 09:31.27 (01:11.93)			
12 GUILBAUD Charlotte (2004) FRA	CA ORSAY	09:34.47	1069 pts
50m : 00:31.53 (00:31.53) 100m : 01:07.25 (00:35.72) 150m : 01:42.88 (00:35.63) 200m : 02:18.50 (00:36.62) 250m : 02:54.42 (00:35.92) 300m : 03:30.83 (00:36.41) 350m : 04:06.83 (00:36.00) 400m : 04:43.02 (00:36.19) 450m : --- 500m : 05:55.89 (01:12.81) 600m : 07:08.78 (01:12.95) 700m : 08:22.05 (01:13.47) 800m : 09:34.47 (01:12.22)			
13 BRINDEJONC Juline (2006) FRA	ES MASSY NATATION	09:38.07	1055 pts
50m : 00:31.73 (00:31.73) 100m : 01:07.45 (00:35.72) 150m : 01:42.97 (00:35.52) 200m : 02:19.11 (00:36.14) 250m : 02:55.67 (00:36.56) 300m : 03:32.13 (00:36.46) 350m : 04:08.92 (00:36.79) 400m : 04:45.72 (00:36.80) 450m : --- 500m : 05:59.94 (01:14.12) 600m : 07:13.63 (01:13.63) 700m : 08:27.04 (01:13.57) 800m : 09:38.07 (01:11.03)			
14 SIMOENS Lucille (2005) FRA	ES MASSY NATATION	09:38.57	1054 pts
50m : 00:31.66 (00:31.66) 100m : 01:06.31 (00:34.65) 150m : 01:42.31 (00:36.00) 200m : 02:18.69 (00:36.38) 250m : 02:54.85 (00:36.16) 300m : 03:31.68 (00:36.83) 350m : 04:08.84 (00:37.16) 400m : 04:45.82 (00:36.98) 450m : --- 500m : 05:59.88 (01:13.51) 600m : 07:13.66 (01:13.66) 700m : 08:26.94 (01:13.45) 800m : 09:38.57 (01:12.13)			
15 NGUYEN DUC LONG Rachel (2006) FRA	CA ORSAY	09:46.70	1024 pts
50m : 00:31.50 (00:31.50) 100m : 01:07.11 (00:35.61) 150m : 01:43.66 (00:36.55) 200m : 02:19.93 (00:36.27) 250m : 02:56.58 (00:36.65) 300m : 03:33.95 (00:37.37) 350m : 04:11.50 (00:37.55) 400m : 04:49.38 (00:37.88) 450m : --- 500m : 06:04.40 (01:15.02) 600m : 07:19.25 (01:14.85) 700m : 08:35.15 (01:15.90) 800m : 09:46.70 (01:11.55)			
16 CUNHA-FERREIRA Léonie (2000) FRA	CN VIRY-CHÂTILLON	09:47.12	1022 pts
50m : 00:32.19 (00:32.19) 100m : 01:06.87 (00:34.68) 150m : 01:42.65 (00:35.78) 200m : 02:19.00 (00:36.35) 250m : 02:55.25 (00:36.25) 300m : 03:31.55 (00:36.30) 350m : 04:08.33 (00:36.78) 400m : 04:45.62 (00:37.29) 450m : --- 500m : 06:00.88 (01:14.71) 600m : 07:15.94 (01:15.61) 700m : 08:32.44 (01:16.50) 800m : 09:47.12 (01:14.68)			
17 LA BIONDA Léa (2002) FRA	MORSANG ESSONNE NATATION	09:47.82	1020 pts
50m : 00:33.12 (00:33.12) 100m : 01:08.55 (00:35.43) 150m : 01:45.15 (00:36.60) 200m : 02:22.02 (00:36.87) 250m : 02:59.15 (00:37.13) 300m : 03:35.84 (00:36.69) 350m : 04:13.43 (00:37.59) 400m : 04:50.67 (00:37.24) 450m : --- 500m : 06:05.98 (01:14.69) 600m : 07:20.94 (01:14.98) 700m : 08:35.93 (01:15.09) 800m : 09:47.82 (01:12.39)			
18 BALMER Romane (2004) FRA	CN VIRY-CHÂTILLON	09:49.82	1012 pts
50m : 00:33.19 (00:33.19) 100m : 01:08.97 (00:35.78) 150m : 01:45.44 (00:36.47) 200m : 02:22.41 (00:36.97) 250m : 02:59.44 (00:37.03) 300m : 03:37.16 (00:37.72) 350m : 04:14.62 (00:37.46) 400m : 04:51.97 (00:37.35) 450m : --- 500m : 06:07.02 (01:15.05) 600m : 07:23.86 (01:14.64) 700m : 08:36.28 (01:14.60) 800m : 09:49.82 (01:13.56)			
19 MULLER Majda (2002) FRA	AS CORBEIL-ESSONNE	09:51.55	1006 pts
50m : 00:32.58 (00:32.58) 100m : 01:08.21 (00:35.63) 150m : 01:44.46 (00:36.25) 200m : 02:21.15 (00:36.69) 250m : 02:58.44 (00:37.29) 300m : 03:36.01 (00:37.57) 350m : 04:13.70 (00:37.69) 400m : 04:51.77 (00:38.07) 450m : --- 500m : 06:06.85 (01:15.08) 600m : 07:25.87 (01:15.02) 700m : 08:37.88 (01:15.96) 800m : 09:51.55 (01:13.72)			
20 CHAVANNE Audrie (1997) FRA	CA ORSAY	09:51.80	1005 pts
50m : 00:33.06 (00:33.06) 100m : 01:09.03 (00:35.97) 150m : 01:46.25 (00:37.22) 200m : 02:23.33 (00:37.08) 250m : 03:00.79 (00:37.46) 300m : 03:38.07 (00:37.28) 350m : 04:15.73 (00:37.66) 400m : 04:52.96 (00:37.23) 450m : --- 500m : 06:07.80 (01:14.64) 600m : 07:22.25 (01:14.65) 700m : 08:37.56 (01:15.31) 800m : 09:51.80 (01:14.24)			
21 MONGIN Sthélyna (2007) FRA	CN ST-MICHEL-SUR-ORGE	09:56.10	990 pts
50m : 00:32.69 (00:32.69) 100m : 01:09.12 (00:36.43) 150m : 01:46.65 (00:37.53) 200m : 02:24.16 (00:37.51) 250m : 03:01.32 (00:37.16) 300m : 03:39.42 (00:38.10) 350m : 04:18.01 (00:38.59) 400m : 04:55.89 (00:37.88) 450m : --- 500m : 06:13.04 (01:17.15) 600m : 07:28.85 (01:15.81) 700m : 08:44.82 (01:15.27) 800m : 09:56.10 (01:11.98)			
22 MARQUES Justine (2005) FRA	CA ORSAY	09:58.45	981 pts
50m : 00:32.98 (00:32.98) 100m : 01:09.52 (00:36.54) 150m : 01:45.98 (00:36.46) 200m : 02:22.56 (00:36.58) 250m : 02:59.11 (00:36.55) 300m : 03:35.87 (00:36.76) 350m : 04:12.74 (00:36.87) 400m : 04:50.80 (00:38.06) 450m : --- 500m : 06:09.88 (01:17.08) 600m : 07:25.06 (01:17.18) 700m : 08:40.86 (01:17.80) 800m : 09:58.45 (01:15.59)			
23 BEDU Manon (2003) FRA	CN VIRY-CHÂTILLON	10:03.44	964 pts
50m : 00:33.76 (00:33.76) 100m : 01:11.40 (00:37.64) 150m : 01:49.47 (00:38.07) 200m : 02:28.13 (00:38.66) 250m : 03:06.48 (00:38.35) 300m : 03:44.68 (00:38.20) 350m : 04:22.66 (00:37.98) 400m : 05:01.03 (00:38.37) 450m : --- 500m : 06:16.91 (01:15.88) 600m : 07:33.05 (01:16.14) 700m : 08:49.05 (01:16.00) 800m : 10:03.44 (01:14.39)			
24 LEGER Katell (2006) FRA	ES MASSY NATATION	10:05.66	956 pts
50m : 00:33.27 (00:33.27) 100m : 01:10.69 (00:37.42) 150m : 01:49.55 (00:38.86) 200m : 02:27.97 (00:38.42) 250m : 03:06.75 (00:38.78) 300m : 03:45.41 (00:38.66) 350m : 04:24.22 (00:38.81) 400m : 05:03.19 (00:38.97) 450m : --- 500m : 06:20.08 (01:16.99) 600m : 07:37.87 (01:17.19) 700m : 08:53.97 (01:16.60) 800m : 10:05.66 (01:11.69)			

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

800 Nage Libre Dames - Séries (suite)

450m : ---	25 QUANTIN Eva (2004) FRA 50m : 00:33.54 (00:33.54) 100m : 01:10.01 (00:36.47) 150m : 01:47.20 (00:37.19) 200m : 02:25.82 (00:38.62) 250m : 03:03.70 (00:37.88) 300m : 03:41.60 (00:37.90) 350m : 04:20.17 (00:38.57) 400m : 04:58.57 (00:38.40) 450m : 05:36.97 (01:16.96) 500m : 06:35.08 (01:17.81) 600m : 07:33.34 (01:17.81) 700m : 08:51.09 (01:17.75) 800m : 10:06.51 (01:15.42)	CA ORSAY 10:06.51 953 pts
450m : ---	26 DJEMAOUI Lahna (2004) FRA 50m : 00:33.89 (00:33.89) 100m : 01:10.93 (00:37.04) 150m : 01:48.71 (00:37.78) 200m : 02:27.10 (00:38.39) 250m : 03:05.45 (00:38.35) 300m : 03:43.91 (00:38.46) 350m : 04:23.23 (00:39.32) 400m : 05:01.78 (00:38.55) 450m : 05:39.99 (01:17.61) 500m : 06:39.09 (01:17.61) 600m : 07:36.29 (01:16.84) 700m : 08:54.38 (01:16.08) 800m : 10:07.27 (01:14.96)	CA ORSAY 10:07.27 950 pts
450m : ---	27 DESNOS Elyne (2006) FRA 50m : 00:34.31 (00:34.31) 100m : 01:12.63 (00:38.32) 150m : 01:51.19 (00:38.56) 200m : 02:29.73 (00:38.54) 250m : 03:08.44 (00:38.71) 300m : 03:46.91 (00:38.47) 350m : 04:25.51 (00:38.60) 400m : 05:03.94 (00:38.43) 450m : 05:42.15 (01:17.47) 500m : 06:39.09 (01:17.47) 600m : 07:36.29 (01:16.22) 700m : 08:54.38 (01:16.75) 800m : 10:08.81 (01:14.43)	CN VIRY-CHÂTILLON 10:08.81 945 pts
450m : ---	28 NGUYEN DUC LONG Armelle (2003) FRA 50m : 00:33.06 (00:33.06) 100m : 01:09.91 (00:36.85) 150m : 01:47.09 (00:37.18) 200m : 02:24.31 (00:37.22) 250m : 03:01.98 (00:37.67) 300m : 03:40.16 (00:38.18) 350m : 04:18.73 (00:38.57) 400m : 04:57.69 (00:38.96) 450m : 05:35.90 (01:17.75) 500m : 06:35.04 (01:17.75) 600m : 07:34.59 (01:19.15) 700m : 08:54.06 (01:20.07) 800m : 10:15.55 (01:20.89)	CA ORSAY 10:15.55 921 pts
450m : ---	29 BOUSQUIE Chloé (2006) FRA 50m : 00:34.95 (00:34.95) 100m : 01:13.25 (00:38.32) 150m : 01:51.76 (00:38.49) 200m : 02:30.95 (00:39.19) 250m : 03:09.84 (00:38.89) 300m : 03:49.63 (00:39.79) 350m : 04:29.75 (00:40.12) 400m : 05:09.99 (00:40.24) 450m : 05:49.20 (01:19.90) 500m : 06:39.09 (01:19.90) 600m : 07:49.02 (01:19.83) 700m : 09:09.59 (01:19.87) 800m : 10:27.54 (01:17.95)	MORSANG ESSONNE NATATION 10:27.54 880 pts
450m : ---	30 DANGER Clara (2002) FRA 50m : 00:34.64 (00:34.64) 100m : 01:13.36 (00:38.72) 150m : 01:52.48 (00:39.12) 200m : 02:31.49 (00:39.01) 250m : 03:10.57 (00:39.08) 300m : 03:49.68 (00:39.11) 350m : 04:29.25 (00:39.57) 400m : 05:09.12 (00:39.87) 450m : 05:48.33 (01:20.75) 500m : 06:39.09 (01:20.75) 600m : 07:59.04 (01:20.47) 700m : 09:19.02 (01:21.08) 800m : 10:31.74 (01:20.32)	EN LONGJUMEAU 10:31.74 866 pts
450m : ---	31 OULARBI Dania (2007) FRA 50m : 00:34.92 (00:34.92) 100m : 01:13.75 (00:38.83) 150m : 01:53.70 (00:39.95) 200m : 02:33.68 (00:39.98) 250m : 03:13.62 (00:39.94) 300m : 03:53.57 (00:39.95) 350m : 04:33.71 (00:40.14) 400m : 05:13.83 (00:40.12) 450m : 05:53.04 (01:20.24) 500m : 06:34.07 (01:20.24) 600m : 07:54.07 (01:21.00) 700m : 09:14.05 (01:21.98) 800m : 10:35.89 (01:18.84)	CN ST-MICHEL-SUR-ORGE 10:35.89 852 pts
450m : ---	32 TRIKI Oumaima (2005) FRA 50m : 00:35.28 (00:35.28) 100m : 01:13.25 (00:38.37) 150m : 01:52.77 (00:39.12) 200m : 02:32.22 (00:39.45) 250m : 03:12.18 (00:39.96) 300m : 03:52.28 (00:40.10) 350m : 04:32.91 (00:40.63) 400m : 05:13.38 (00:40.47) 450m : 05:52.59 (01:21.60) 500m : 06:34.08 (01:21.60) 600m : 07:54.07 (01:21.80) 700m : 09:14.05 (01:21.55) 800m : 10:37.67 (01:19.34)	CN VIRY-CHÂTILLON 10:37.67 846 pts
450m : ---	33 GISOTTI Justine (2005) FRA 50m : 00:36.89 (00:36.89) 100m : 01:16.78 (00:39.89) 150m : 01:57.03 (00:40.25) 200m : 02:37.42 (00:40.39) 250m : 03:17.96 (00:40.54) 300m : 03:58.35 (00:40.39) 350m : 04:38.84 (00:40.49) 400m : 05:19.21 (00:40.37) 450m : 05:58.42 (01:20.13) 500m : 06:39.04 (01:20.13) 600m : 07:59.00 (01:20.36) 700m : 09:19.09 (01:19.79) 800m : 10:38.21 (01:18.72)	CN VIRY-CHÂTILLON 10:38.21 844 pts
450m : ---	34 FIDON Louna (2005) FRA 50m : 00:35.60 (00:35.60) 100m : 01:14.93 (00:39.33) 150m : 01:54.27 (00:39.34) 200m : 02:34.80 (00:40.53) 250m : 03:14.64 (00:39.84) 300m : 03:54.84 (00:40.20) 350m : 04:35.36 (00:40.52) 400m : 05:15.63 (00:40.27) 450m : 05:54.84 (01:21.52) 500m : 06:39.05 (01:21.52) 600m : 07:59.01 (01:21.66) 700m : 09:19.06 (01:20.95) 800m : 10:38.44 (01:18.68)	EN LONGJUMEAU 10:38.44 844 pts
450m : ---	35 FAISANT Tanaïs (2007) FRA 50m : 00:34.75 (00:34.75) 100m : 01:14.00 (00:39.25) 150m : 01:53.78 (00:39.78) 200m : 02:34.18 (00:40.40) 250m : 03:14.72 (00:40.54) 300m : 03:55.33 (00:40.61) 350m : 04:35.50 (00:40.17) 400m : 05:15.75 (00:40.25) 450m : 05:54.96 (01:21.75) 500m : 06:39.00 (01:21.75) 600m : 07:59.07 (01:21.47) 700m : 09:19.05 (01:21.53) 800m : 10:39.00 (01:18.50)	CN ST-MICHEL-SUR-ORGE 10:39.00 842 pts
450m : ---	36 BENZAADA Marwa (2006) FRA 50m : 00:35.25 (00:35.25) 100m : 01:14.11 (00:38.86) 150m : 01:53.80 (00:39.69) 200m : 02:33.80 (00:40.00) 250m : 03:14.29 (00:40.49) 300m : 03:55.32 (00:41.03) 350m : 04:36.72 (00:41.40) 400m : 05:17.99 (00:41.27) 450m : 05:57.20 (01:22.46) 500m : 06:40.05 (01:22.46) 600m : 08:00.06 (01:21.51) 700m : 09:20.00 (01:21.44) 800m : 10:42.72 (01:19.32)	CO ULIS NATATION 10:42.72 830 pts
450m : ---	37 BRUAND Mélanie (2006) FRA 50m : 00:35.37 (00:35.37) 100m : 01:14.86 (00:39.49) 150m : 01:54.64 (00:39.78) 200m : 02:34.64 (00:40.00) 250m : 03:14.86 (00:40.22) 300m : 03:54.64 (00:39.78) 350m : 04:35.01 (00:40.37) 400m : 05:15.79 (00:40.78) 450m : 05:54.90 (01:20.62) 500m : 06:36.01 (01:20.62) 600m : 07:56.08 (01:21.97) 700m : 09:16.09 (01:21.71) 800m : 10:43.08 (01:22.99)	MORSANG ESSONNE NATATION 10:43.08 828 pts
450m : ---	38 BOUTIN Melina (2007) FRA 50m : 00:34.63 (00:34.63) 100m : 01:14.45 (00:39.82) 150m : 01:55.88 (00:41.43) 200m : 02:37.55 (00:41.67) 250m : 03:18.82 (00:41.27) 300m : 03:59.22 (00:40.40) 350m : 04:40.53 (00:41.31) 400m : 05:22.19 (00:41.66) 450m : 06:01.40 (01:23.08) 500m : 06:45.27 (01:23.08) 600m : 08:05.09 (01:22.76) 700m : 09:25.07 (01:22.24) 800m : 10:49.83 (01:19.56)	CN ST-MICHEL-SUR-ORGE 10:49.83 806 pts
450m : ---	39 GOUNOT Iléana (2003) FRA 50m : 00:35.95 (00:35.95) 100m : 01:16.09 (00:40.14) 150m : 01:56.41 (00:40.32) 200m : 02:37.08 (00:40.67) 250m : 03:17.73 (00:40.65) 300m : 03:59.01 (00:41.28) 350m : 04:40.43 (00:41.42) 400m : 05:21.51 (00:41.08) 450m : 06:00.72 (01:21.91) 500m : 06:43.02 (01:21.91) 600m : 08:05.05 (01:22.03) 700m : 09:25.03 (01:22.38) 800m : 10:49.95 (01:22.12)	US GRIGNY 10:49.95 806 pts
450m : ---	40 EVAN Julie (2004) FRA 50m : 00:36.75 (00:36.75) 100m : 01:17.11 (00:40.36) 150m : 01:57.90 (00:40.79) 200m : 02:39.11 (00:41.21) 250m : 03:20.50 (00:41.39) 300m : 04:01.15 (00:40.65) 350m : 04:42.00 (00:40.85) 400m : 05:23.08 (00:41.08) 450m : 06:02.29 (01:22.57) 500m : 06:45.05 (01:22.57) 600m : 08:09.05 (01:23.50) 700m : 09:31.28 (01:22.13) 800m : 10:51.21 (01:19.93)	CN ST-MICHEL-SUR-ORGE 10:51.21 802 pts
450m : ---	41 BEAUDRON Leann (2003) FRA 50m : 00:35.66 (00:35.66) 100m : 01:14.32 (00:38.66) 150m : 01:55.36 (00:41.04) 200m : 02:36.34 (00:40.98) 250m : 03:16.75 (00:40.41) 300m : 03:57.78 (00:41.03) 350m : 04:38.93 (00:41.15) 400m : 05:20.62 (00:41.69) 450m : 06:01.54 (01:22.92) 500m : 06:49.04 (01:22.92) 600m : 08:06.58 (01:23.04) 700m : 09:30.27 (01:23.69) 800m : 10:52.31 (01:22.04)	EN LONGJUMEAU 10:52.31 798 pts
450m : ---	42 BONEL Ninon (2007) FRA 50m : 00:35.72 (00:35.72) 100m : 01:16.05 (00:40.33) 150m : 01:57.44 (00:41.39) 200m : 02:38.34 (00:40.90) 250m : 03:19.84 (00:41.50) 300m : 04:01.02 (00:41.18) 350m : 04:42.34 (00:41.32) 400m : 05:23.97 (00:41.63) 450m : 06:02.78 (01:23.47) 500m : 06:47.04 (01:23.47) 600m : 08:10.79 (01:24.35) 700m : 09:35.09 (01:23.90) 800m : 10:56.72 (01:21.03)	CN ST-MICHEL-SUR-ORGE 10:56.72 784 pts
450m : ---	43 MOREIRA DA VEIGA Alexia (2006) FRA 50m : 00:37.15 (00:37.15) 100m : 01:17.48 (00:40.33) 150m : 01:58.18 (00:40.70) 200m : 02:38.92 (00:40.74) 250m : 03:20.09 (00:41.17) 300m : 04:01.08 (00:40.99) 350m : 04:42.68 (00:41.60) 400m : 05:24.88 (00:42.20) 450m : 06:03.99 (01:24.50) 500m : 06:49.08 (01:24.50) 600m : 08:10.09 (01:25.71) 700m : 09:40.02 (01:25.73) 800m : 11:03.79 (01:22.97)	CN VIRY-CHÂTILLON 11:03.79 762 pts
450m : ---	44 POUMAREDE Ariane (2006) FRA 50m : 00:36.77 (00:36.77) 100m : 01:17.77 (00:41.00) 150m : 01:58.86 (00:41.09) 200m : 02:40.09 (00:41.23) 250m : 03:21.80 (00:41.71) 300m : 04:03.73 (00:41.93) 350m : 04:46.71 (00:42.98) 400m : 05:29.15 (00:42.44) 450m : 06:08.98 (01:24.24) 500m : 06:53.09 (01:24.24) 600m : 08:10.02 (01:24.63) 700m : 09:40.05 (01:25.93) 800m : 11:04.14 (01:20.19)	CN ST-MICHEL-SUR-ORGE 11:04.14 761 pts
450m : ---	45 BASCOUL Madushika (2005) FRA 50m : 00:35.98 (00:35.98) 100m : 01:16.69 (00:40.71) 150m : 01:58.38 (00:41.69) 200m : 02:40.66 (00:42.28) 250m : 03:22.63 (00:41.97) 300m : 04:05.55 (00:42.92) 350m : 04:47.80 (00:42.25) 400m : 05:30.02 (00:42.22) 450m : 06:09.80 (01:23.82) 500m : 06:53.04 (01:23.82) 600m : 08:10.55 (01:24.71) 700m : 09:40.01 (01:24.86) 800m : 11:07.84 (01:24.43)	CN VIRY-CHÂTILLON 11:07.84 749 pts
450m : ---	46 BENTERKI Syrine (2005) FRA 50m : 00:36.61 (00:36.61) 100m : 01:16.03 (00:39.42) 150m : 01:55.97 (00:39.94) 200m : 02:36.28 (00:40.31) 250m : 03:16.86 (00:40.58) 300m : 03:58.11 (00:41.25) 350m : 04:40.00 (00:41.89) 400m : 05:22.53 (00:42.53) 450m : 06:01.81 (01:25.58) 500m : 06:48.01 (01:25.58) 600m : 08:10.08 (01:26.72) 700m : 09:40.00 (01:27.67) 800m : 11:10.05 (01:27.55)	EN LONGJUMEAU 11:10.05 742 pts
450m : ---	47 JEAN BAPTISTE Ambre (2005) FRA 50m : 00:35.18 (00:35.18) 100m : 01:14.81 (00:39.63) 150m : 01:55.93 (00:41.12) 200m : 02:37.04 (00:41.11) 250m : 03:18.89 (00:41.85) 300m : 04:01.25 (00:42.36) 350m : 04:44.68 (00:43.43) 400m : 05:28.28 (00:43.60) 450m : 06:05.04 (01:26.76) 500m : 06:55.04 (01:26.76) 600m : 08:20.01 (01:27.57) 700m : 09:49.58 (01:26.95) 800m : 11:15.97 (01:26.41)	CN ST-MICHEL-SUR-ORGE 11:15.97 724 pts
450m : ---	48 PASTRE Ornella (2006) FRA 50m : 00:36.90 (00:36.90) 100m : 01:16.51 (00:39.61) 150m : 01:57.27 (00:40.76) 200m : 02:38.65 (00:41.38) 250m : 03:20.71 (00:42.06) 300m : 04:02.92 (00:42.21) 350m : 04:45.43 (00:42.51) 400m : 05:28.59 (00:43.16) 450m : 06:04.48 (01:25.84) 500m : 06:54.03 (01:25.84) 600m : 08:20.00 (01:27.77) 700m : 09:50.07 (01:27.87) 800m : 11:16.76 (01:26.69)	CN VIRY-CHÂTILLON 11:16.76 722 pts

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

800 Nage Libre Dames - Séries (suite)

450m : ---	49 HODE Meline (2006) FRA 50m : 00:38.06 (00:38.06) 100m : 01:20.02 (00:41.96) 150m : 02:02.81 (00:42.79) 500m : 07:05.05 (01:25.46)	ETAMPES NATATION 200m : 02:45.71 (00:42.90) 250m : 03:29.85 (00:44.14) 300m : 04:13.65 (00:43.80) 350m : 04:57.22 (00:43.57) 400m : 05:39.59 (00:42.37) 600m : 08:29.05 (01:24.70) 700m : 09:54.78 (01:25.03) 800m : 11:17.34 (01:22.56)	720 pts
450m : ---	50 LOZIC Maëlyne (2005) FRA 50m : 00:38.06 (00:38.06) 100m : 01:19.86 (00:41.80) 150m : 02:02.01 (00:42.15) 500m : 07:02.56 (01:26.31)	EN LONGJUMEAU 200m : 02:44.24 (00:42.23) 250m : 03:26.35 (00:42.11) 300m : 04:09.09 (00:42.74) 350m : 04:52.09 (00:43.00) 400m : 05:35.65 (00:43.56) 600m : 08:34.01 (01:27.01) 700m : 09:56.45 (01:26.88) 800m : 11:20.70 (01:24.25)	710 pts
450m : ---	51 CESAIRE Sohane (2004) FRA 50m : 00:36.53 (00:36.53) 100m : 01:20.54 (00:44.01) 150m : 02:03.18 (00:42.64) 500m : 07:08.05 (01:26.72)	EN STE-GENEVIÈVE-DES-BOIS 200m : 02:46.62 (00:43.44) 250m : 03:29.96 (00:43.34) 300m : 04:13.66 (00:43.70) 350m : 04:57.61 (00:43.95) 400m : 05:41.43 (00:43.82) 600m : 08:34.01 (01:25.86) 700m : 09:56.45 (01:26.64) 800m : 11:23.86 (01:23.21)	700 pts
450m : ---	52 MAUGIS FERNANDES Louise (2007) FRA 50m : 00:36.99 (00:36.99) 100m : 01:23.35 (00:46.36) 150m : 02:07.06 (00:43.71) 500m : 07:36.06 (01:27.03)	SN MONTGERON 200m : 02:51.45 (00:44.39) 250m : 03:36.03 (00:44.58) 300m : 04:20.25 (00:44.22) 350m : 05:04.25 (00:44.00) 400m : 05:49.03 (00:44.78) 600m : 08:43.05 (01:27.39) 700m : 10:07.95 (01:24.50) 800m : 11:30.15 (01:22.20)	681 pts
450m : ---	53 WIDAR Anaïs (2006) FRA 50m : 00:38.34 (00:38.34) 100m : 01:21.39 (00:43.05) 150m : 02:04.31 (00:42.92) 500m : 07:31.24 (01:28.07)	MORSANG ESSONNE NATATION 200m : 02:47.81 (00:43.50) 250m : 03:31.14 (00:43.33) 300m : 04:14.96 (00:43.82) 350m : 04:59.28 (00:44.32) 400m : 05:43.17 (00:43.89) 600m : 08:38.99 (01:27.75) 700m : 09:28.28 (00:43.29) 800m : 11:32.49 (01:20.21)	674 pts
450m : ---	54 BUAT Julie (1999) FRA 50m : 00:36.44 (00:36.44) 100m : 01:17.26 (00:40.82) 150m : 01:58.44 (00:41.18) 500m : 07:03.47 (01:29.71)	EN STE-GENEVIÈVE-DES-BOIS 200m : 02:40.55 (00:42.11) 250m : 03:23.76 (00:43.21) 300m : 04:06.66 (00:42.90) 350m : 04:49.72 (00:43.06) 400m : 05:33.76 (00:44.04) 600m : 08:45.18 (01:29.94) 700m : 10:04.26 (01:30.65) 800m : 11:34.64 (01:30.38)	668 pts
450m : ---	55 PETIT Mathilde (2005) FRA 50m : 00:38.86 (00:38.86) 100m : 01:23.17 (00:44.31) 150m : 02:07.86 (00:44.69) 500m : 07:33.25 (01:28.72)	MORSANG ESSONNE NATATION 200m : 02:52.86 (00:45.00) 250m : 03:35.53 (00:42.67) 300m : 04:19.49 (00:43.96) 350m : 05:03.92 (00:44.43) 400m : 05:48.53 (00:44.61) 600m : 08:45.99 (01:27.93) 700m : 10:12.14 (01:26.96) 800m : 11:36.58 (01:24.44)	662 pts
450m : ---	56 GIBIER Emilie (2006) FRA 50m : 00:39.84 (00:39.84) 100m : 01:23.34 (00:43.50) 150m : 02:07.31 (00:43.97) 500m : 07:33.07 (01:28.75)	BONDOUFLE AMICAL CLUB 200m : 02:51.67 (00:44.36) 250m : 03:35.96 (00:44.29) 300m : 04:20.07 (00:44.11) 350m : 05:04.59 (00:44.52) 400m : 05:48.92 (00:44.33) 600m : 08:47.99 (01:29.82) 700m : 10:18.59 (01:31.10) 800m : 11:49.05 (01:30.46)	626 pts
450m : ---	57 MICHAUD Eliza (2007) FRA 50m : 00:38.69 (00:38.69) 100m : 01:22.63 (00:43.94) 150m : 02:06.78 (00:44.15) 500m : 07:28.77 (01:29.69)	EN LONGJUMEAU 200m : 02:51.41 (00:44.63) 250m : 03:36.19 (00:44.78) 300m : 04:21.63 (00:45.44) 350m : 05:07.37 (00:45.74) 400m : 05:53.08 (00:45.71) 600m : 08:53.99 (01:31.22) 700m : 10:23.04 (01:29.45) 800m : 11:50.82 (01:27.38)	621 pts
450m : ---	58 BARLIER Oceane (2006) FRA 50m : 00:40.38 (00:40.38) 100m : 01:25.38 (00:45.00) 150m : 02:11.05 (00:45.67) 500m : 07:27.02 (01:29.54)	CN VIRY-CHÂTILLON 200m : 02:56.59 (00:45.54) 250m : 03:41.63 (00:45.04) 300m : 04:27.13 (00:45.50) 350m : 05:12.05 (00:44.92) 400m : 05:57.48 (00:45.43) 600m : 08:57.51 (01:30.49) 700m : 10:27.38 (01:29.87) 800m : 11:54.16 (01:26.78)	612 pts
450m : ---	59 SAINT-PAUL Léa (2005) FRA 50m : 00:40.97 (00:40.97) 100m : 01:25.08 (00:44.11) 150m : 02:10.31 (00:45.23) 500m : 07:26.51 (01:30.20)	MORSANG ESSONNE NATATION 200m : 02:55.92 (00:45.61) 250m : 03:40.59 (00:44.67) 300m : 04:25.55 (00:44.96) 350m : 05:10.78 (00:45.23) 400m : 05:56.31 (00:45.53) 600m : 09:56.95 (02:30.44) 700m : 10:28.67 (00:31.72) 800m : 11:57.64 (01:28.97)	602 pts
450m : ---	60 HAMANN Clémence (2002) FRA 50m : 00:40.12 (00:40.12) 100m : 01:24.74 (00:44.62) 150m : 02:10.92 (00:46.18) 500m : 07:34.08 (01:32.03)	CO ULIS NATATION 200m : 02:56.49 (00:45.57) 250m : 03:42.04 (00:45.55) 300m : 04:28.63 (00:46.59) 350m : 05:15.61 (00:46.98) 400m : 06:02.05 (00:46.44) 600m : 09:07.16 (01:33.08) 700m : 10:40.74 (01:33.58) 800m : 12:09.48 (01:28.74)	569 pts
450m : ---	61 THIERRY Morgane (2007) FRA 50m : 00:40.04 (00:40.04) 100m : 01:25.34 (00:45.30) 150m : 02:11.38 (00:46.04) 500m : 07:33.95 (01:33.27)	MORSANG ESSONNE NATATION 200m : 02:57.02 (00:45.64) 250m : 03:43.16 (00:46.14) 300m : 04:31.66 (00:48.50) 350m : 05:17.99 (00:46.33) 400m : 06:04.68 (00:46.69) 600m : 09:12.95 (01:35.00) 700m : 10:44.59 (01:31.64) 800m : 12:12.90 (01:28.31)	560 pts
450m : ---	62 OZOUF Camille (2006) FRA 50m : 00:41.58 (00:41.58) 100m : 01:27.05 (00:45.47) 150m : 02:14.36 (00:47.31) 500m : 07:45.22 (01:33.72)	EN STE-GENEVIÈVE-DES-BOIS 200m : 03:01.43 (00:47.07) 250m : 03:48.43 (00:47.00) 300m : 04:35.72 (00:47.29) 350m : 05:23.97 (00:48.25) 400m : 06:11.50 (00:47.53) 600m : 09:49.25 (01:34.03) 700m : 10:52.65 (01:33.40) 800m : 12:19.60 (01:26.95)	542 pts
450m : ---	63 MIMOUN Kayla (2006) FRA 50m : 00:41.32 (00:41.32) 100m : 01:27.22 (00:45.90) 150m : 02:15.43 (00:48.21) 500m : 07:43.15 (01:32.97)	MORSANG ESSONNE NATATION 200m : 03:02.75 (00:47.32) 250m : 03:50.53 (00:47.78) 300m : 04:38.47 (00:47.94) 350m : 05:25.82 (00:47.35) 400m : 06:14.18 (00:48.36) 600m : 09:20.00 (01:32.85) 700m : 10:52.68 (01:32.68) 800m : 12:20.20 (01:27.52)	540 pts
450m : ---	64 ROUSSEAU Caroline (2002) FRA 50m : 00:38.07 (00:38.07) 100m : 01:21.81 (00:43.74) 150m : 02:07.71 (00:45.90) 500m : 07:42.96 (01:36.40)	BONDOUFLE AMICAL CLUB 200m : 02:54.99 (00:47.28) 250m : 03:42.35 (00:47.36) 300m : 04:30.21 (00:47.86) 350m : 05:18.17 (00:47.96) 400m : 06:06.56 (00:48.39) 600m : 09:18.84 (01:35.68) 700m : 10:53.24 (01:34.60) 800m : 12:23.72 (01:30.48)	531 pts
450m : ---	65 HADDAR Youram (2005) FRA 50m : 00:37.90 (00:37.90) 100m : 01:21.25 (00:43.35) 150m : 02:06.75 (00:45.50) 500m : 07:43.97 (01:39.25)	BONDOUFLE AMICAL CLUB 200m : 02:52.78 (00:46.03) 250m : 03:39.72 (00:46.94) 300m : 04:27.15 (00:47.43) 350m : 05:14.75 (00:47.60) 400m : 06:04.72 (00:49.97) 600m : 09:20.28 (01:36.31) 700m : 10:56.00 (01:35.72) 800m : 12:32.08 (01:36.08)	509 pts
450m : ---	66 DECHES Elise (2007) FRA 50m : 00:40.46 (00:40.46) 100m : 01:27.03 (00:46.57) 150m : 02:13.55 (00:46.52) 500m : 07:47.39 (01:35.65)	EN LONGJUMEAU 200m : 03:00.10 (00:46.55) 250m : 03:47.95 (00:47.85) 300m : 04:35.30 (00:47.35) 350m : 05:22.37 (00:47.07) 400m : 06:11.68 (00:49.31) 600m : 09:22.98 (01:35.65) 700m : 10:59.98 (01:36.98) 800m : 12:32.65 (01:32.69)	508 pts
450m : ---	67 TETART Romane (2007) FRA 50m : 00:40.21 (00:40.21) 100m : 01:25.52 (00:45.31) 150m : 02:11.36 (00:45.84) 500m : 07:47.86 (01:36.76)	CN ST-MICHEL-SUR-ORGE 200m : 02:58.29 (00:46.93) 250m : 03:46.05 (00:47.76) 300m : 04:34.53 (00:48.48) 350m : 05:22.47 (00:47.94) 400m : 06:11.10 (00:48.63) 600m : 09:28.88 (01:37.02) 700m : 11:00.48 (01:35.60) 800m : 12:35.40 (01:34.92)	501 pts
450m : ---	68 JULIEN Cassandre (2005) FRA 50m : 00:41.36 (00:41.36) 100m : 01:27.92 (00:46.56) 150m : 02:15.41 (00:47.49) 500m : 07:54.21 (01:37.73)	EN LONGJUMEAU 200m : 03:02.66 (00:47.25) 250m : 03:51.05 (00:48.39) 300m : 04:39.05 (00:48.00) 350m : 05:27.71 (00:48.66) 400m : 06:16.58 (00:48.87) 600m : 09:38.21 (01:38.00) 700m : 11:09.84 (01:37.53) 800m : 12:43.21 (01:33.37)	481 pts
450m : ---	69 CISSE Maiwenn (2007) FRA 50m : 00:38.94 (00:38.94) 100m : 01:24.00 (00:45.06) 150m : 02:10.78 (00:46.78) 500m : 07:56.42 (01:40.89)	CN ST-MICHEL-SUR-ORGE 200m : 02:58.36 (00:47.58) 250m : 03:46.84 (00:48.48) 300m : 04:35.40 (00:48.56) 350m : 05:25.45 (00:50.05) 400m : 06:15.53 (00:50.08) 600m : 09:35.42 (01:39.00) 700m : 11:13.29 (01:37.87) 800m : 12:48.29 (01:35.00)	469 pts
450m : ---	70 ALIOUA Aldjia Anies (2007) FRA 50m : 00:41.44 (00:41.44) 100m : 01:27.90 (00:46.46) 150m : 02:15.25 (00:47.35) 500m : 07:59.58 (01:38.79)	EN LONGJUMEAU 200m : 03:03.75 (00:48.50) 250m : 03:53.47 (00:49.72) 300m : 04:42.40 (00:48.93) 350m : 05:31.72 (00:49.32) 400m : 06:20.79 (00:49.07) 600m : 09:38.08 (01:38.90) 700m : 11:17.94 (01:39.46) 800m : 12:50.68 (01:32.74)	463 pts
450m : ---	71 GROHMANN Penelope (2007) FRA 50m : 00:41.76 (00:41.76) 100m : 01:28.02 (00:46.26) 150m : 02:16.44 (00:48.42) 500m : 07:59.72 (01:38.10)	EN LONGJUMEAU 200m : 03:05.44 (00:49.00) 250m : 03:54.05 (00:48.61) 300m : 04:43.12 (00:49.07) 350m : 05:32.69 (00:49.57) 400m : 06:21.62 (00:48.93) 600m : 09:38.59 (01:38.87) 700m : 11:18.59 (01:40.00) 800m : 12:53.81 (01:35.22)	455 pts
450m : ---	72 NANNIOT Lalie (2007) FRA 50m : 00:43.55 (00:43.55) 100m : 01:31.51 (00:47.96) 150m : 02:19.39 (00:47.88) 500m : 08:02.88 (01:39.02)	SN MONTGERON 200m : 03:08.12 (00:48.73) 250m : 03:55.99 (00:47.87) 300m : 04:44.68 (00:48.69) 350m : 05:34.87 (00:50.19) 400m : 06:23.81 (00:48.94) 600m : 09:42.82 (01:39.79) 700m : 11:22.92 (01:40.30) 800m : 13:03.32 (01:40.40)	432 pts

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

800 Nage Libre Dames - Séries (suite)

73 DELEPLANQUE Maud (1996) FRA

450m : --- 50m : 00:40.46 (00:40.46) 100m : 01:26.41 (00:45.95) 150m : 02:15.54 (00:49.13) 200m : 03:06.01 (00:50.47) 250m : 03:57.94 (00:51.93) 300m : 04:51.12 (00:53.18) 350m : 05:45.38 (00:54.26) 400m : 06:39.63 (00:54.25)
500m : 08:27.05 (01:48.22) 600m : 09:27.31 (01:49.46) 700m : 10:25.99 (01:48.68) 800m : 11:30.96 (01:44.97)

--- ATTIA Lina (2006) FRA

US GRIGNY

13:50.96 327 pts

CO ULIS NATATION

DNS dec

--- BOURNONVILLE Laura (2001) FRA

CA ORSAY

DNS dec

1500 Nage Libre Dames - Séries (Dimanche 24 Novembre 2019)

1 ANASSE Valentine (2005) FRA

450m : --- 50m : 00:30.68 (00:30.68) 100m : 01:04.38 (00:33.70) 150m : 01:38.80 (00:34.42) 200m : 02:13.58 (00:34.78) 250m : 02:48.52 (00:34.94) 300m : 03:23.72 (00:35.20) 350m : 03:59.25 (00:35.53) 400m : 04:34.46 (00:35.21)
500m : 05:45.27 (01:10.81) 600m : 06:56.26 (01:11.59) 700m : 08:08.07 (01:11.31) 800m : 09:19.73 (01:11.56)
850m : --- 900m : 10:32.26 (01:12.53) 1000m : 11:45.04 (01:12.88) 1100m : 12:57.09 (01:12.35) 1200m : 14:09.53 (01:12.04)
250m : --- 1300m : 15:25.94 (01:11.81) 1400m : 16:39.58 (01:12.24) 1500m : 17:43.65 (01:10.07)

2 MAUPOUX Nina (2004) FRA

450m : --- 50m : 00:31.39 (00:31.39) 100m : 01:05.82 (00:34.43) 150m : 01:40.80 (00:34.98) 200m : 02:16.52 (00:35.72) 250m : 02:52.06 (00:35.54) 300m : 03:27.96 (00:35.90) 350m : 04:03.62 (00:35.66) 400m : 04:39.59 (00:35.97)
500m : 05:55.94 (01:12.25) 600m : 07:04.24 (01:12.40) 700m : 08:17.05 (01:12.81) 800m : 09:29.66 (01:12.61)
850m : --- 900m : 10:42.26 (01:12.60) 1000m : 11:54.55 (01:12.29) 1100m : 13:06.88 (01:12.28) 1200m : 14:19.12 (01:12.69)
250m : --- 1300m : 15:35.54 (01:12.42) 1400m : 16:49.05 (01:12.21) 1500m : 17:52.70 (01:08.95)

3 MIALOT Maud (2003) FRA

450m : --- 50m : 00:32.29 (00:32.29) 100m : 01:08.13 (00:35.10) 150m : 01:43.16 (00:35.77) 200m : 02:19.09 (00:35.93) 250m : 02:55.04 (00:35.95) 300m : 03:31.00 (00:35.96) 350m : 04:07.25 (00:36.25) 400m : 04:43.60 (00:36.35)
500m : 05:56.95 (01:13.35) 600m : 07:09.39 (01:12.44) 700m : 08:22.05 (01:13.36) 800m : 09:35.89 (01:13.14)
850m : --- 900m : 10:50.14 (01:14.25) 1000m : 12:03.59 (01:13.45) 1100m : 13:16.78 (01:13.14) 1200m : 14:30.92 (01:14.19)
250m : --- 1300m : 15:44.95 (01:14.03) 1400m : 16:58.29 (01:13.44) 1500m : 18:11.35 (01:12.96)

4 MULLER Majda (2002) FRA

450m : --- 50m : 00:32.31 (00:32.31) 100m : 01:08.13 (00:35.82) 150m : 01:44.34 (00:36.21) 200m : 02:20.81 (00:36.47) 250m : 02:57.96 (00:37.15) 300m : 03:34.73 (00:36.77) 350m : 04:11.77 (00:37.04) 400m : 04:48.47 (00:36.70)
500m : 06:02.22 (01:13.75) 600m : 07:06.66 (01:14.46) 700m : 08:32.28 (01:14.55) 800m : 09:46.38 (01:15.15)
850m : --- 900m : 11:05.06 (01:15.28) 1000m : 12:17.06 (01:15.40) 1100m : 13:32.64 (01:15.58) 1200m : 14:46.83 (01:14.19)
250m : --- 1300m : 16:02.98 (01:16.10) 1400m : 17:18.04 (01:15.51) 1500m : 18:31.92 (01:13.48)

5 BALMER Romane (2004) FRA

450m : --- 50m : 00:32.85 (00:32.85) 100m : 01:09.17 (00:36.32) 150m : 01:46.45 (00:37.28) 200m : 02:24.13 (00:37.68) 250m : 03:01.87 (00:37.74) 300m : 03:39.45 (00:37.58) 350m : 04:17.31 (00:37.86) 400m : 04:54.74 (00:37.43)
500m : 06:09.98 (01:14.98) 600m : 07:24.74 (01:17.35) 700m : 08:40.08 (01:15.29) 800m : 09:55.52 (01:15.49)
850m : --- 900m : 11:35.95 (01:15.83) 1000m : 12:50.60 (01:09.25) 1100m : 13:43.10 (01:22.50) 1200m : 14:58.84 (01:15.74)
250m : --- 1300m : 16:35.00 (01:16.26) 1400m : 17:51.08 (01:15.93) 1500m : 18:44.31 (01:13.28)

6 LA BIONDA Léa (2002) FRA

450m : --- 50m : 00:33.99 (00:33.99) 100m : 01:10.70 (00:36.71) 150m : 01:47.59 (00:36.89) 200m : 02:24.77 (00:37.18) 250m : 03:02.20 (00:37.43) 300m : 03:39.74 (00:37.54) 350m : 04:17.62 (00:37.88) 400m : 04:55.49 (00:37.87)
500m : 06:55.88 (01:15.89) 600m : 07:56.45 (01:15.07) 700m : 08:58.29 (01:16.17) 800m : 09:58.27 (01:15.65)
850m : --- 900m : 11:39.98 (01:15.40) 1000m : 12:50.84 (01:15.17) 1100m : 13:44.31 (01:15.47) 1200m : 14:59.84 (01:15.53)
250m : --- 1300m : 16:35.65 (01:15.83) 1400m : 17:51.82 (01:15.95) 1500m : 18:44.37 (01:12.75)

7 DESNOS Elyne (2006) FRA

450m : --- 50m : 00:34.19 (00:34.19) 100m : 01:12.40 (00:38.21) 150m : 01:50.97 (00:38.57) 200m : 02:29.47 (00:38.50) 250m : 03:08.47 (00:39.00) 300m : 03:47.62 (00:39.15) 350m : 04:26.43 (00:38.81) 400m : 05:05.32 (00:38.89)
500m : 06:59.27 (01:18.05) 600m : 07:59.72 (01:17.35) 700m : 08:58.29 (01:17.57) 800m : 09:58.27 (01:17.68)
850m : --- 900m : 11:34.00 (01:18.43) 1000m : 12:51.85 (01:17.25) 1100m : 14:09.22 (01:17.57) 1200m : 15:26.25 (01:17.03)
250m : --- 1300m : 16:42.97 (01:16.72) 1400m : 17:59.85 (01:16.68) 1500m : 19:13.50 (01:13.85)

8 BENSADA Marwa (2006) FRA

450m : --- 50m : 00:34.68 (00:34.68) 100m : 01:13.31 (00:38.63) 150m : 01:52.81 (00:39.50) 200m : 02:33.28 (00:40.47) 250m : 03:13.85 (00:40.57) 300m : 03:54.92 (00:41.07) 350m : 04:35.90 (00:40.98) 400m : 05:17.28 (00:41.38)
500m : 06:40.21 (01:23.03) 600m : 08:03.46 (01:23.15) 700m : 09:26.55 (01:23.09) 800m : 10:49.12 (01:22.57)
850m : --- 900m : 12:32.31 (01:23.19) 1000m : 13:54.98 (01:22.62) 1100m : 14:58.97 (01:24.04) 1200m : 16:23.05 (01:24.08)
250m : --- 1300m : 17:46.98 (01:23.93) 1400m : 19:08.88 (01:21.85) 1500m : 20:28.39 (01:19.56)

400 4 Nages Dames - Séries (Dimanche 24 Novembre 2019)

1 CARLOS-BROC Zoé (2006) FRA

MORSANG ESSONNE NATATION

04:52.90 1193 pts

50m : 00:30.21 (00:30.21) 100m : 01:05.55 (00:35.34) 150m : 01:41.40 (00:35.85) 200m : 02:16.93 (00:35.53)
250m : 03:00.96 (00:44.03) 300m : 03:45.62 (00:44.66) 350m : 04:20.55 (00:34.93) 400m : 04:52.90 (00:32.35)

2 BONDOUY Noah (2004) FRA

ES MASSY NATATION

04:54.93 1179 pts

50m : 00:31.53 (00:31.53) 100m : 01:07.77 (00:36.24) 150m : 01:45.16 (00:37.39) 200m : 02:21.95 (00:36.79)
250m : 03:04.62 (00:42.67) 300m : 03:47.38 (00:42.76) 350m : 04:21.50 (00:34.12) 400m : 04:54.93 (00:33.43)

3 MAUPOUX Nina (2004) FRA

CN VIRY-CHÂTILLON

05:00.91 1136 pts

50m : 00:32.06 (00:32.06) 100m : 01:08.61 (00:36.55) 150m : 01:47.50 (00:38.89) 200m : 02:25.56 (00:38.06)
250m : 03:09.31 (00:43.75) 300m : 03:52.00 (00:42.69) 350m : 04:27.61 (00:35.61) 400m : 05:00.91 (00:33.30)

4 JOLY Morgane (2004) FRA

ES MASSY NATATION

05:09.75 1075 pts

50m : 00:31.21 (00:31.21) 100m : 01:07.71 (00:36.50) 150m : 01:47.00 (00:39.29) 200m : 02:24.78 (00:37.78)
250m : 03:09.81 (00:45.03) 300m : 03:55.36 (00:45.55) 350m : 04:33.00 (00:37.64) 400m : 05:09.75 (00:36.75)

5 CUNHA-FERREIRA Léonie (2000) FRA

CN VIRY-CHÂTILLON

05:19.07 1012 pts

50m : 00:32.38 (00:32.38) 100m : 01:10.35 (00:37.97) 150m : 01:50.18 (00:39.83) 200m : 02:30.31 (00:40.13)
250m : 03:16.25 (00:45.94) 300m : 04:03.36 (00:47.11) 350m : 04:41.68 (00:38.32) 400m : 05:19.07 (00:37.39)

6 NGUYEN DUC LONG Rachel (2006) FRA

CA ORSAY

05:19.17 1012 pts

50m : 00:32.59 (00:32.59) 100m : 01:10.43 (00:37.84) 150m : 01:51.70 (00:41.27) 200m : 02:31.91 (00:40.21)
250m : 03:20.24 (00:48.33) 300m : 04:09.52 (00:49.28) 350m : 04:45.37 (00:35.85) 400m : 05:19.17 (00:33.80)

7 BRINDEJONC Juline (2006) FRA

ES MASSY NATATION

05:19.53 1009 pts

50m : 00:33.59 (00:33.59) 100m : 01:12.58 (00:38.99) 150m : 01:52.55 (00:39.97) 200m : 02:31.85 (00:39.30)
250m : 03:21.89 (00:50.04) 300m : 04:11.57 (00:49.68) 350m : 04:46.44 (00:34.87) 400m : 05:19.53 (00:33.09)

8 BOURNONVILLE Laura (2001) FRA

CA ORSAY

05:22.23 991 pts

50m : 00:33.82 (00:33.82) 100m : 01:12.95 (00:39.13) 150m : 01:55.20 (00:42.25) 200m : 02:36.10 (00:40.90)
250m : 03:22.26 (00:46.16) 300m : 04:08.86 (00:46.60) 350m : 04:46.23 (00:37.37) 400m : 05:22.23 (00:36.00)

9 MIALOT Maud (2003) FRA

CA ORSAY

05:23.35 984 pts

50m : 00:35.31 (00:35.31) 100m : 01:16.39 (00:41.08) 150m : 01:57.49 (00:41.10) 200m : 02:36.60 (00:39.11)
250m : 03:23.84 (00:47.24) 300m : 04:11.85 (00:48.01) 350m : 04:48.37 (00:36.52) 400m : 05:23.35 (00:34.98)

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

400 4 Nages Dames - Séries (suite)

10	GUILBAUD Charlotte (2004) FRA	CA ORSAY	05:24.95	974 pts
		50m : 00:33.79 (00:33.79) 100m : 01:15.13 (00:41.34) 150m : 01:57.79 (00:42.66) 200m : 02:38.49 (00:40.70) 250m : 03:25.85 (00:47.36) 300m : 04:14.05 (00:48.20) 350m : 04:50.25 (00:36.20) 400m : 05:24.95 (00:34.70)		
11	CHAVANNE Audrie (1997) FRA	CA ORSAY	05:25.09	973 pts
		50m : 00:35.13 (00:35.13) 100m : 01:17.38 (00:42.25) 150m : 02:00.13 (00:42.75) 200m : 02:42.31 (00:42.18) 250m : 03:24.53 (00:42.22) 300m : 04:07.13 (00:42.60) 350m : 04:47.06 (00:39.93) 400m : 05:25.09 (00:38.03)		
12	LEGER Katell (2006) FRA	ES MASSY NATATION	05:25.60	969 pts
		50m : 00:33.96 (00:33.96) 100m : 01:13.59 (00:39.63) 150m : 01:53.71 (00:40.12) 200m : 02:32.89 (00:39.18) 250m : 03:21.00 (00:48.11) 300m : 04:10.03 (00:49.03) 350m : 04:48.50 (00:38.47) 400m : 05:25.60 (00:37.10)		
13	BALMER Romane (2004) FRA	CN VIRY-CHÂTILLON	05:27.80	955 pts
		50m : 00:34.54 (00:34.54) 100m : 01:14.13 (00:39.59) 150m : 01:56.04 (00:41.91) 200m : 02:38.39 (00:42.35) 250m : 03:25.76 (00:47.37) 300m : 04:13.92 (00:48.16) 350m : 04:51.42 (00:37.50) 400m : 05:27.80 (00:36.38)		
14	MONGIN Sthélina (2007) FRA	CN ST-MICHEL-SUR-ORGE	05:30.53	938 pts
		50m : 00:35.26 (00:35.26) 100m : 01:16.87 (00:41.61) 150m : 01:59.23 (00:42.36) 200m : 02:40.38 (00:41.15) 250m : 03:28.38 (00:48.00) 300m : 04:17.84 (00:49.46) 350m : 04:54.48 (00:36.64) 400m : 05:30.53 (00:36.05)		
15	BEDU Manon (2003) FRA	CN VIRY-CHÂTILLON	05:33.06	922 pts
		50m : 00:34.27 (00:34.27) 100m : 01:14.65 (00:40.38) 150m : 01:58.21 (00:43.56) 200m : 02:41.55 (00:43.34) 250m : 03:28.93 (00:47.38) 300m : 04:17.99 (00:49.06) 350m : 04:55.80 (00:37.81) 400m : 05:33.06 (00:37.26)		
16	DJEMAOUI Lahna (2004) FRA	CA ORSAY	05:33.75	917 pts
		50m : 00:33.55 (00:33.55) 100m : 01:14.18 (00:40.63) 150m : 01:58.08 (00:43.90) 200m : 02:41.71 (00:43.63) 250m : 03:28.54 (00:46.83) 300m : 04:15.46 (00:46.92) 350m : 04:55.75 (00:40.29) 400m : 05:33.75 (00:38.00)		
17	DANGER Clara (2002) FRA	EN LONGJUMEAU	05:36.68	899 pts
		50m : 00:34.23 (00:34.23) 100m : 01:14.30 (00:40.07) 150m : 01:58.74 (00:44.44) 200m : 02:41.37 (00:42.63) 250m : 03:30.10 (00:48.73) 300m : 04:19.57 (00:49.47) 350m : 04:58.76 (00:39.19) 400m : 05:36.68 (00:37.92)		
18	MOUNIER Manon (2006) FRA	ES MASSY NATATION	05:36.86	898 pts
		50m : 00:36.67 (00:36.67) 100m : 01:19.42 (00:42.75) 150m : 02:01.80 (00:42.38) 200m : 02:42.80 (00:41.00) 250m : 03:31.89 (00:49.09) 300m : 04:21.60 (00:49.71) 350m : 05:00.13 (00:38.53) 400m : 05:36.86 (00:36.73)		
19	BELIMAM Ghizlene (2003) FRA	AS CORBEIL-ESSONNE	05:38.37	888 pts
		50m : 00:36.12 (00:36.12) 100m : 01:19.32 (00:43.20) 150m : 02:02.84 (00:43.52) 200m : 02:45.06 (00:42.22) 250m : 03:33.69 (00:48.63) 300m : 04:22.18 (00:48.49) 350m : 05:00.92 (00:38.74) 400m : 05:38.37 (00:37.45)		
20	MARQUES Justine (2005) FRA	CA ORSAY	05:39.25	883 pts
		50m : 00:35.49 (00:35.49) 100m : 01:18.53 (00:43.04) 150m : 02:01.31 (00:42.78) 200m : 02:43.31 (00:42.00) 250m : 03:32.57 (00:49.26) 300m : 04:22.85 (00:50.28) 350m : 05:01.46 (00:38.61) 400m : 05:39.25 (00:37.79)		
21	PASTRE Ornella (2006) FRA	CN VIRY-CHÂTILLON	05:39.33	882 pts
		50m : 00:37.16 (00:37.16) 100m : 01:20.13 (00:42.97) 150m : 02:02.38 (00:42.25) 200m : 02:44.84 (00:42.46) 250m : 03:31.30 (00:46.46) 300m : 04:17.77 (00:46.47) 350m : 04:58.90 (00:41.13) 400m : 05:39.33 (00:40.43)		
22	NGUYEN DUC LONG Armelle (2003) FRA	CA ORSAY	05:39.72	880 pts
		50m : 00:33.30 (00:33.30) 100m : 01:13.19 (00:39.89) 150m : 01:56.59 (00:43.40) 200m : 02:39.05 (00:42.46) 250m : 03:27.72 (00:48.67) 300m : 04:17.44 (00:49.72) 350m : 04:59.79 (00:42.35) 400m : 05:39.72 (00:39.93)		
23	BOUSQUIE Chloé (2006) FRA	MORSANG ESSONNE NATATION	05:40.36	876 pts
		50m : 00:37.26 (00:37.26) 100m : 01:23.67 (00:46.41) 150m : 02:06.70 (00:43.03) 200m : 02:49.02 (00:42.32) 250m : 03:37.13 (00:48.11) 300m : 04:24.60 (00:47.47) 350m : 05:03.26 (00:38.66) 400m : 05:40.36 (00:37.10)		
24	GISOTTI Justine (2005) FRA	CN VIRY-CHÂTILLON	05:41.59	868 pts
		50m : 00:36.06 (00:36.06) 100m : 01:19.03 (00:42.97) 150m : 02:04.18 (00:45.15) 200m : 02:48.01 (00:43.83) 250m : 03:35.18 (00:47.17) 300m : 04:23.21 (00:48.03) 350m : 05:03.53 (00:40.32) 400m : 05:41.59 (00:38.06)		
25	BRUAND Mélanie (2006) FRA	MORSANG ESSONNE NATATION	05:41.71	868 pts
		50m : 00:35.62 (00:35.62) 100m : 01:19.11 (00:43.49) 150m : 02:01.62 (00:42.51) 200m : 02:42.60 (00:40.98) 250m : 03:31.50 (00:48.90) 300m : 04:22.54 (00:51.04) 350m : 05:02.62 (00:40.08) 400m : 05:41.71 (00:39.09)		
26	DESNOS Elyne (2006) FRA	CN VIRY-CHÂTILLON	05:41.91	866 pts
		50m : 00:37.48 (00:37.48) 100m : 01:20.71 (00:43.23) 150m : 02:05.27 (00:44.56) 200m : 02:48.88 (00:43.61) 250m : 03:37.25 (00:48.37) 300m : 04:26.44 (00:49.19) 350m : 05:04.92 (00:38.48) 400m : 05:41.91 (00:36.99)		
27	BONEL Ninon (2007) FRA	CN ST-MICHEL-SUR-ORGE	05:44.75	849 pts
		50m : 00:35.09 (00:35.09) 100m : 01:16.27 (00:41.18) 150m : 01:59.74 (00:43.47) 200m : 02:42.57 (00:42.83) 250m : 03:31.22 (00:48.65) 300m : 04:20.78 (00:49.56) 350m : 05:04.74 (00:43.96) 400m : 05:44.75 (00:40.01)		
28	QUANTIN Eva (2004) FRA	CA ORSAY	05:46.58	838 pts
		50m : 00:37.28 (00:37.28) 100m : 01:20.97 (00:43.69) 150m : 02:03.68 (00:42.71) 200m : 02:45.90 (00:42.22) 250m : 03:36.25 (00:50.35) 300m : 04:27.50 (00:51.25) 350m : 05:07.33 (00:39.83) 400m : 05:46.58 (00:39.25)		
29	DUCAUROY Aude (2002) FRA	CA ORSAY	05:50.50	814 pts
		50m : 00:35.67 (00:35.67) 100m : 01:17.80 (00:42.13) 150m : 02:05.31 (00:47.51) 200m : 02:52.11 (00:46.80) 250m : 03:43.98 (00:51.87) 300m : 04:36.20 (00:52.22) 350m : 05:15.20 (00:39.00) 400m : 05:50.50 (00:35.30)		
30	BEAUDRON Leann (2003) FRA	EN LONGJUMEAU	05:50.82	812 pts
		50m : 00:36.10 (00:36.10) 100m : 01:20.10 (00:44.00) 150m : 02:05.10 (00:45.00) 200m : 02:49.85 (00:44.75) 250m : 03:40.17 (00:50.32) 300m : 04:32.25 (00:52.08) 350m : 05:13.17 (00:40.92) 400m : 05:50.82 (00:37.65)		
31	OULARBI Dania (2007) FRA	CN ST-MICHEL-SUR-ORGE	05:51.48	809 pts
		50m : 00:35.13 (00:35.13) 100m : 01:18.88 (00:43.75) 150m : 02:03.49 (00:44.61) 200m : 02:46.73 (00:43.24) 250m : 03:40.48 (00:53.75) 300m : 04:33.48 (00:53.00) 350m : 05:13.63 (00:40.15) 400m : 05:51.48 (00:37.85)		
32	FAISANT Tanaïs (2007) FRA	CN ST-MICHEL-SUR-ORGE	05:53.14	799 pts
		50m : 00:36.46 (00:36.46) 100m : 01:21.03 (00:44.57) 150m : 02:05.90 (00:44.87) 200m : 02:49.71 (00:43.81) 250m : 03:40.88 (00:50.97) 300m : 04:33.78 (00:53.10) 350m : 05:13.14 (01:19.36) 400m : 05:53.14 (00:40.00)		
33	TRIKI Oumâïma (2005) FRA	CN VIRY-CHÂTILLON	05:55.29	786 pts
		50m : 00:37.88 (00:37.88) 100m : 01:23.42 (00:45.54) 150m : 02:08.64 (00:45.22) 200m : 02:52.35 (00:43.71) 250m : 03:44.17 (00:51.82) 300m : 04:36.37 (00:52.20) 350m : 05:17.40 (00:41.03) 400m : 05:55.29 (00:37.89)		

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

400 4 Nages Dames - Séries (suite)

34	BOUTIN Melina (2007) FRA	CN ST-MICHEL-SUR-ORGE	05:56.25	780 pts
		50m : 00:37.96 (00:37.96) 100m : 01:23.64 (00:45.68) 150m : 02:08.41 (00:44.77) 200m : 02:52.74 (00:44.33) 250m : 03:43.48 (00:50.74) 300m : 04:35.06 (00:51.58) 350m : 05:16.86 (00:41.80) 400m : 05:56.25 (00:39.39)		
35	BASCOUL Madushika (2005) FRA	CN VIRY-CHÂTILLON	05:56.63	778 pts
		50m : 00:35.88 (00:35.88) 100m : 01:17.99 (00:42.11) 150m : 02:02.78 (00:44.79) 200m : 02:47.53 (00:44.75) 250m : 03:38.67 (00:51.14) 300m : 04:31.34 (00:52.67) 350m : 05:15.03 (00:43.69) 400m : 05:56.63 (00:41.60)		
36	FIDON Louna (2005) FRA	EN LONGJUMEAU	05:57.57	773 pts
		50m : 00:39.97 (00:39.97) 100m : 01:28.78 (00:48.81) 150m : 02:12.43 (00:43.65) 200m : 02:55.17 (00:42.74) 250m : 03:44.18 (00:49.01) 300m : 04:35.70 (00:51.52) 350m : 05:17.75 (00:42.05) 400m : 05:57.57 (00:39.82)		
37	LOZIC Maëlyne (2005) FRA	EN LONGJUMEAU	06:04.68	732 pts
		50m : 00:40.03 (00:40.03) 100m : 01:27.87 (00:47.84) 150m : 02:12.60 (00:44.73) 200m : 02:56.95 (00:44.35) 250m : 03:50.31 (00:53.36) 300m : 04:42.63 (00:52.32) 350m : 05:24.60 (00:41.97) 400m : 06:04.68 (00:40.08)		
38	DENDRAEL Justine (1996) FRA	CO ULIS NATATION	06:05.34	728 pts
	50m : ---	100m : 01:20.56 (01:20.56) 150m : 02:06.13 (00:45.57) 200m : 02:51.62 (00:45.49) 250m : 03:44.16 (00:52.54) 300m : 04:37.91 (00:53.75) 350m : 05:22.62 (00:44.71) 400m : 06:05.34 (00:42.72)		
39	CESAIRE Sohane (2004) FRA	EN STE-GENEVIÈVE-DES-BOIS	06:05.48	728 pts
		50m : 00:36.80 (00:36.80) 100m : 01:23.92 (00:47.32) 150m : 02:11.17 (00:47.25) 200m : 02:56.11 (00:44.94) 250m : 03:47.48 (00:51.37) 300m : 04:39.54 (00:52.06) 350m : 05:23.37 (00:43.83) 400m : 06:05.48 (00:42.11)		
40	WIDAR Anaïs (2006) FRA	MORSANG ESSONNE NATATION	06:07.65	715 pts
		50m : 00:38.66 (00:38.66) 100m : 01:25.68 (00:47.02) 150m : 02:14.36 (00:48.68) 200m : 02:59.96 (00:45.60) 250m : 03:51.45 (00:51.49) 300m : 04:43.68 (00:52.23) 350m : 05:26.12 (00:42.44) 400m : 06:07.65 (00:41.53)		
41	BENTERKI Syrine (2005) FRA	EN LONGJUMEAU	06:08.73	709 pts
		50m : 00:39.19 (00:39.19) 100m : 01:25.91 (00:46.72) 150m : 02:12.09 (00:46.18) 200m : 02:56.81 (00:44.72) 250m : 03:50.25 (00:53.44) 300m : 04:44.31 (00:54.06) 350m : 05:26.48 (00:42.17) 400m : 06:08.73 (00:42.25)		
42	POUMAREDE Ariane (2006) FRA	CN ST-MICHEL-SUR-ORGE	06:09.23	707 pts
		50m : 00:41.54 (00:41.54) 100m : 01:30.76 (00:49.22) 150m : 02:16.48 (00:45.72) 200m : 03:02.36 (00:45.88) 250m : 03:53.92 (00:51.56) 300m : 04:46.45 (00:52.53) 350m : 05:27.39 (00:40.94) 400m : 06:09.23 (00:41.84)		
43	JEAN BAPTISTE Ambre (2005) FRA	CN ST-MICHEL-SUR-ORGE	06:09.49	705 pts
		50m : 00:40.17 (00:40.17) 100m : 01:28.57 (00:48.40) 150m : 02:13.31 (00:44.74) 200m : 02:57.14 (00:43.83) 250m : 03:49.54 (00:52.40) 300m : 04:42.17 (00:52.63) 350m : 05:25.48 (00:43.31) 400m : 06:09.49 (00:44.01)		
44	PETIT Mathilde (2005) FRA	MORSANG ESSONNE NATATION	06:10.76	698 pts
		50m : 00:39.67 (00:39.67) 100m : 01:24.76 (00:45.09) 150m : 02:11.07 (00:46.31) 200m : 02:57.07 (00:46.00) 250m : 03:51.10 (00:54.03) 300m : 04:45.42 (00:54.32) 350m : 05:28.26 (00:42.84) 400m : 06:10.76 (00:42.50)		
45	MOREIRA DA VEIGA Alexia (2006) FRA	CN VIRY-CHÂTILLON	06:19.77	649 pts
		50m : 00:40.68 (00:40.68) 100m : 01:30.07 (00:49.39) 150m : 02:17.56 (00:47.49) 200m : 03:05.55 (00:47.99) 250m : 03:59.94 (00:54.39) 300m : 04:55.61 (00:55.67) 350m : 05:38.09 (00:42.48) 400m : 06:19.77 (00:41.68)		
46	MICHAUD Eliza (2007) FRA	EN LONGJUMEAU	06:21.21	642 pts
		50m : 00:39.42 (00:39.42) 100m : 01:31.25 (00:51.83) 150m : 02:18.31 (00:47.06) 200m : 03:04.84 (00:46.53) 250m : 03:59.46 (00:54.62) 300m : 04:54.34 (00:54.88) 350m : 05:38.30 (00:43.96) 400m : 06:21.21 (00:42.91)		
47	BUAT Julie (1999) FRA	EN STE-GENEVIÈVE-DES-BOIS	06:21.25	642 pts
		50m : 00:34.83 (00:34.83) 100m : 01:17.84 (00:43.01) 150m : 02:04.95 (00:47.11) 200m : 02:53.09 (00:48.14) 250m : 03:49.93 (00:56.84) 300m : 04:49.96 (01:00.03) 350m : 05:37.40 (01:07.44) 400m : 06:21.25 (00:23.85)		
48	THIERRY Morgane (2007) FRA	MORSANG ESSONNE NATATION	06:23.70	629 pts
		50m : 00:42.96 (00:42.96) 100m : 01:34.82 (00:51.86) 150m : 02:22.56 (00:47.74) 200m : 03:07.08 (00:44.52) 250m : 04:00.26 (00:53.18) 300m : 04:53.10 (00:52.84) 350m : 05:39.52 (00:46.42) 400m : 06:23.70 (00:44.18)		
49	SAINT-PAUL Léa (2005) FRA	MORSANG ESSONNE NATATION	06:27.16	611 pts
		50m : 00:44.66 (00:44.66) 100m : 01:37.51 (00:52.85) 150m : 02:25.41 (00:47.90) 200m : 03:11.69 (00:46.28) 250m : 04:04.69 (00:53.00) 300m : 04:59.38 (00:54.69) 350m : 05:43.48 (00:44.10) 400m : 06:27.16 (00:43.68)		
50	BOUSSAIDI Ines (2007) FRA	CN VIRY-CHÂTILLON	06:27.54	609 pts
		50m : 00:43.54 (00:43.54) 100m : 01:36.16 (00:52.62) 150m : 02:25.16 (00:49.00) 200m : 03:13.39 (00:48.23) 250m : 04:05.29 (00:51.90) 300m : 04:59.64 (00:54.35) 350m : 05:44.23 (00:44.59) 400m : 06:27.54 (00:43.31)		
51	MAUGIS FERNANDES Louise (2007) FRA	SN MONTGERON	06:30.64	593 pts
		50m : 00:42.38 (00:42.38) 100m : 01:36.03 (00:53.65) 150m : 02:27.38 (00:51.35) 200m : 03:15.95 (00:48.57) 250m : 04:11.56 (00:55.61) 300m : 05:08.91 (00:57.35) 350m : 05:50.66 (00:41.75) 400m : 06:30.64 (00:39.98)		
52	CISSE Maïwenn (2007) FRA	CN ST-MICHEL-SUR-ORGE	06:33.40	579 pts
		50m : 00:43.38 (00:43.38) 100m : 01:34.41 (00:51.03) 150m : 02:22.31 (00:47.90) 200m : 03:08.53 (00:46.22) 250m : 04:04.84 (00:56.31) 300m : 05:02.36 (00:57.52) 350m : 05:48.36 (00:46.00) 400m : 06:33.40 (00:45.04)		
53	BARLIER Oceane (2006) FRA	CN VIRY-CHÂTILLON	06:33.75	577 pts
		50m : 00:41.62 (00:41.62) 100m : 01:31.15 (00:49.53) 150m : 02:22.21 (00:51.06) 200m : 03:12.27 (00:50.06) 250m : 04:07.53 (00:55.26) 300m : 05:03.92 (00:56.39) 350m : 05:50.22 (00:46.30) 400m : 06:33.75 (00:43.53)		
54	TETART Romane (2007) FRA	CN ST-MICHEL-SUR-ORGE	06:37.53	558 pts
		50m : 00:42.41 (00:42.41) 100m : 01:31.79 (00:49.38) 150m : 02:21.85 (00:50.06) 200m : 03:11.03 (00:49.18) 250m : 04:06.96 (00:55.93) 300m : 05:03.93 (00:56.97) 350m : 05:50.90 (00:46.97) 400m : 06:37.53 (00:46.63)		
55	ALIOUA Aldjia Anies (2007) FRA	EN LONGJUMEAU	06:48.99	503 pts
		50m : 00:44.99 (00:44.99) 100m : 01:41.74 (00:56.75) 150m : 02:31.07 (00:49.33) 200m : 03:19.45 (00:48.38) 250m : 04:18.84 (00:59.39) 300m : 05:18.39 (00:59.55) 350m : 06:03.42 (00:45.03) 400m : 06:48.99 (00:45.57)		
56	GROHMANN Penelope (2007) FRA	EN LONGJUMEAU	06:54.45	478 pts
		50m : 00:44.80 (00:44.80) 100m : 01:39.29 (00:54.69) 150m : 02:28.76 (00:49.47) 200m : 03:16.45 (00:47.69) 250m : 04:17.89 (01:01.44) 300m : 05:19.45 (01:01.56) 350m : 06:08.04 (00:48.59) 400m : 06:54.45 (00:46.41)		
57	DECHES Elise (2007) FRA	EN LONGJUMEAU	06:56.33	470 pts
		50m : 00:46.70 (00:46.70) 100m : 01:43.05 (00:56.35) 150m : 02:34.42 (00:51.37) 200m : 03:24.66 (00:50.24) 250m : 04:23.81 (00:59.15) 300m : 05:22.53 (00:58.72) 350m : 06:11.49 (00:48.96) 400m : 06:56.33 (00:44.84)		

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

400 4 Nages Dames - Séries (suite)

58 NANNIOT Lalie (2007) FRA

SN MONTGERON **07:01.65** **446 pts**
50m : 00:54.02 (00:54.02) 100m : 01:56.56 (01:02.54) 150m : 02:46.59 (00:50.03) 200m : 03:37.76 (00:51.17)
250m : 04:33.09 (00:55.33) 300m : 05:27.69 (00:54.60) 350m : 06:15.73 (00:48.04) 400m : 07:01.65 (00:45.92)

59 LOUTREIN Melissa (2006) FRA

CO ULIS NATATION **07:28.55** **335 pts**
50m : 00:50.65 (00:50.65) 100m : 01:51.50 (01:00.85) 150m : 02:48.12 (00:56.62) 200m : 03:43.65 (00:55.53)
250m : 04:44.69 (01:01.04) 300m : 05:49.19 (01:04.50) 350m : 06:39.90 (00:50.71) 400m : 07:28.55 (00:48.65)

--- TORCH Sofia (2007) FRA

MORSANG ESSONNE NATATION **DNS dec**

--- JULIEN Cassandre (2005) FRA

EN LONGJUMEAU **DSQ**

800 Nage Libre Messieurs - Séries (Samedi 23 Novembre 2019)

1 CRETET Dorian (2003) FRA

ES MASSY NATATION **08:34.43** **1157 pts**
50m : 00:27.42 (00:27.42) 100m : 00:57.93 (00:30.51) 150m : 01:29.50 (00:31.57) 200m : 02:01.57 (00:32.07) 250m : 02:33.98 (00:32.41) 300m : 03:06.54 (00:32.56) 350m : 03:39.06 (00:32.52) 400m : 04:11.69 (00:32.63)
450m : --- 500m : 05:36.90 (01:05.21) 600m : 06:28.98 (01:05.88) 700m : 07:28.56 (01:05.78) 800m : 08:34.43 (01:05.87)

2 DA SILVA Martin (2003) FRA

CN VIRY-CHÂTILLON **08:43.77** **1119 pts**
50m : 00:29.43 (00:29.43) 100m : 01:01.74 (00:32.31) 150m : 01:34.46 (00:32.72) 200m : 02:07.44 (00:32.98) 250m : 02:40.35 (00:32.91) 300m : 03:13.20 (00:32.85) 350m : 03:45.77 (00:32.57) 400m : 04:18.23 (00:32.46)
450m : --- 500m : 05:23.59 (01:05.36) 600m : 06:09.18 (01:06.59) 700m : 07:37.68 (01:07.45) 800m : 08:43.77 (01:06.14)

3 BARBAUD Julien (2004) FRA

CN VIRY-CHÂTILLON **08:47.90** **1102 pts**
50m : 00:29.32 (00:29.32) 100m : 01:00.42 (00:31.10) 150m : 01:32.85 (00:32.43) 200m : 02:05.77 (00:32.92) 250m : 02:38.60 (00:32.83) 300m : 03:11.57 (00:32.97) 350m : 03:45.10 (00:33.53) 400m : 04:18.31 (00:33.21)
450m : --- 500m : 05:25.42 (01:07.11) 600m : 06:30.06 (01:07.64) 700m : 07:43.00 (01:08.54) 800m : 08:47.90 (01:06.30)

4 GENEVOIS Yanis (2002) FRA

CN VIRY-CHÂTILLON **08:59.09** **1057 pts**
50m : 00:28.90 (00:28.90) 100m : 01:01.38 (00:32.48) 150m : 01:34.61 (00:33.23) 200m : 02:08.28 (00:33.67) 250m : 02:41.96 (00:33.68) 300m : 03:15.56 (00:33.60) 350m : 03:49.57 (00:34.01) 400m : 04:23.85 (00:34.28)
450m : --- 500m : 05:46.16 (01:08.25) 600m : 06:45.03 (01:09.33) 700m : 07:50.92 (01:09.49) 800m : 08:59.09 (01:08.17)

5 BOUCAS Joan (2004) FRA

CN VIRY-CHÂTILLON **09:14.56** **997 pts**
50m : 00:30.73 (00:30.73) 100m : 01:04.99 (00:34.26) 150m : 01:39.85 (00:34.86) 200m : 02:14.77 (00:34.92) 250m : 02:49.66 (00:34.89) 300m : 03:24.98 (00:35.32) 350m : 04:00.43 (00:35.45) 400m : 04:35.57 (00:35.14)
450m : --- 500m : 05:46.16 (01:10.59) 600m : 06:55.21 (01:09.15) 700m : 08:05.01 (01:10.50) 800m : 09:14.56 (01:08.75)

6 PARIS Bilal (2002) FRA

CO ULIS NATATION **09:22.38** **967 pts**
50m : 00:30.91 (00:30.91) 100m : 01:04.68 (00:33.77) 150m : 01:39.43 (00:34.75) 200m : 02:14.47 (00:35.04) 250m : 02:49.03 (00:34.56) 300m : 03:23.98 (00:34.95) 350m : 03:58.99 (00:35.01) 400m : 04:34.43 (00:35.44)
450m : --- 500m : 05:45.99 (01:11.50) 600m : 06:57.07 (01:11.54) 700m : 08:09.07 (01:12.40) 800m : 09:22.38 (01:12.51)

7 YAYA Freddy-Martyn (2005) FRA

CN VIRY-CHÂTILLON **09:23.69** **962 pts**
50m : 00:30.76 (00:30.76) 100m : 01:04.83 (00:34.07) 150m : 01:39.44 (00:35.00) 200m : 02:15.72 (00:36.28) 250m : 02:51.44 (00:35.72) 300m : 03:27.05 (00:35.61) 350m : 04:02.69 (00:35.64) 400m : 04:38.94 (00:36.25)
450m : --- 500m : 05:50.04 (01:11.90) 600m : 07:02.94 (01:12.10) 700m : 08:16.44 (01:11.50) 800m : 09:23.69 (01:09.25)

8 VERLA Gatien (2005) FRA

CN VIRY-CHÂTILLON **09:23.89** **961 pts**
50m : 00:31.72 (00:31.72) 100m : 01:06.11 (00:34.39) 150m : 01:41.25 (00:35.14) 200m : 02:16.75 (00:35.50) 250m : 02:52.50 (00:35.75) 300m : 03:28.25 (00:35.75) 350m : 04:04.22 (00:35.97) 400m : 04:40.07 (00:35.85)
450m : --- 500m : 05:51.98 (01:11.86) 600m : 07:03.50 (01:11.57) 700m : 08:16.44 (01:10.93) 800m : 09:23.89 (01:09.46)

9 VINCENT Quentin (2003) FRA

AS CORBEIL-ESSONNE **09:28.35** **944 pts**
50m : 00:30.93 (00:30.93) 100m : 01:05.83 (00:34.90) 150m : 01:41.90 (00:36.07) 200m : 02:18.18 (00:36.28) 250m : 02:54.73 (00:36.55) 300m : 03:30.80 (00:36.07) 350m : 04:06.98 (00:36.18) 400m : 04:43.30 (00:36.32)
450m : --- 500m : 05:55.48 (01:12.18) 600m : 07:07.86 (01:12.18) 700m : 08:19.48 (01:11.82) 800m : 09:28.35 (01:08.87)

10 GIRARD Thomas (2000) FRA

SN MONTGERON **09:30.43** **936 pts**
50m : 00:30.69 (00:30.69) 100m : 01:05.12 (00:34.43) 150m : 01:40.22 (00:35.10) 200m : 02:15.62 (00:35.40) 250m : 02:51.69 (00:36.07) 300m : 03:27.51 (00:35.82) 350m : 04:03.72 (00:36.21) 400m : 04:40.31 (00:36.59)
450m : --- 500m : 05:53.41 (01:13.10) 600m : 07:06.94 (01:13.53) 700m : 08:19.69 (01:12.75) 800m : 09:30.43 (01:10.74)

11 BOULANGER Maxance (2004) FRA

EN STE-GENEVIÈVE-DES-BOIS **09:41.19** **897 pts**
50m : 00:30.79 (00:30.79) 100m : 01:04.83 (00:34.04) 150m : 01:40.40 (00:35.57) 200m : 02:16.11 (00:35.71) 250m : 02:52.64 (00:36.53) 300m : 03:28.85 (00:36.21) 350m : 04:05.60 (00:36.75) 400m : 04:42.67 (00:37.07)
450m : --- 500m : 05:57.03 (01:15.06) 600m : 07:10.04 (01:15.31) 700m : 08:29.21 (01:16.17) 800m : 09:41.19 (01:11.98)

--- GIRARD Théo (2004) FRA

SN MONTGERON **DNS dec**

1500 Nage Libre Messieurs - Séries (Dimanche 24 Novembre 2019)

1 BONEL Antony (2001) FRA

CA ORSAY **16:17.00** **1165 pts**
50m : 00:27.82 (00:27.82) 100m : 00:58.57 (00:30.75) 150m : 01:30.02 (00:31.45) 200m : 02:01.95 (00:31.93) 250m : 02:33.88 (00:31.93) 300m : 03:05.82 (00:31.94) 350m : 03:38.32 (00:32.50) 400m : 04:10.21 (00:31.89)
450m : --- 500m : 05:35.06 (01:05.24) 600m : 06:20.28 (01:04.91) 700m : 07:26.68 (01:06.22) 800m : 08:32.68 (01:06.10)
850m : --- 900m : 09:39.15 (01:06.47) 1000m : 10:46.32 (01:06.97) 1100m : 11:53.09 (01:06.97) 1200m : 12:58.99 (01:05.90)
1300m : 14:05.79 (01:06.74) 1400m : 15:11.88 (01:05.95) 1500m : 16:17.00 (01:05.32)

2 BOURDON Rayane (2001) FRA

CN VIRY-CHÂTILLON **16:21.47** **1155 pts**
50m : 00:28.51 (00:28.51) 100m : 00:59.21 (00:30.70) 150m : 01:30.69 (00:31.48) 200m : 02:02.44 (00:31.75) 250m : 02:34.47 (00:32.03) 300m : 03:06.81 (00:32.34) 350m : 03:39.15 (00:32.34) 400m : 04:11.66 (00:32.51)
450m : --- 500m : 05:37.40 (01:05.74) 600m : 06:28.29 (01:06.43) 700m : 07:30.79 (01:06.96) 800m : 08:37.44 (01:06.65)
850m : --- 900m : 09:44.41 (01:06.97) 1000m : 10:50.19 (01:05.78) 1100m : 11:57.00 (01:06.81) 1200m : 13:03.07 (01:06.07)
1300m : 14:09.98 (01:05.91) 1400m : 15:15.84 (01:06.50) 1500m : 16:21.47 (01:05.99)

3 TETART Martin (2003) FRA

CA ORSAY **16:35.44** **1126 pts**
50m : 00:28.75 (00:28.75) 100m : 01:00.37 (00:31.62) 150m : 01:32.30 (00:31.93) 200m : 02:04.80 (00:32.50) 250m : 02:37.28 (00:32.48) 300m : 03:10.11 (00:32.83) 350m : 03:43.26 (00:33.15) 400m : 04:16.51 (00:33.25)
450m : --- 500m : 05:29.51 (01:07.00) 600m : 06:30.23 (01:06.72) 700m : 07:33.39 (01:07.16) 800m : 08:44.61 (01:07.22)
850m : --- 900m : 09:52.02 (01:07.41) 1000m : 10:59.08 (01:07.06) 1100m : 12:06.58 (01:07.50) 1200m : 13:13.95 (01:07.37)
1300m : 14:21.09 (01:07.14) 1400m : 15:28.04 (01:07.55) 1500m : 16:35.44 (01:06.80)

4 DA SILVA Martin (2003) FRA

CN VIRY-CHÂTILLON **16:37.70** **1121 pts**
50m : 00:29.44 (00:29.44) 100m : 01:01.19 (00:31.75) 150m : 01:33.51 (00:32.32) 200m : 02:06.12 (00:32.61) 250m : 02:39.34 (00:33.22) 300m : 03:12.47 (00:33.13) 350m : 03:45.66 (00:33.19) 400m : 04:19.02 (00:33.36)
450m : --- 500m : 05:26.02 (01:07.00) 600m : 06:30.89 (01:06.67) 700m : 07:40.55 (01:07.86) 800m : 08:47.69 (01:07.14)
850m : --- 900m : 09:55.02 (01:07.33) 1000m : 11:02.01 (01:07.39) 1100m : 12:09.08 (01:07.35) 1200m : 13:17.44 (01:07.68)
1300m : 14:25.00 (01:07.86) 1400m : 15:33.06 (01:07.86) 1500m : 16:37.70 (01:04.54)

5 BARBAUD Julien (2004) FRA

CN VIRY-CHÂTILLON **16:44.99** **1106 pts**
50m : 00:29.56 (00:29.56) 100m : 01:01.53 (00:31.97) 150m : 01:34.23 (00:32.70) 200m : 02:07.52 (00:33.29) 250m : 02:40.87 (00:33.35) 300m : 03:14.84 (00:33.97) 350m : 03:48.64 (00:33.80) 400m : 04:23.06 (00:34.42)
450m : --- 500m : 05:35.97 (01:08.31) 600m : 06:40.05 (01:08.78) 700m : 07:47.00 (01:07.65) 800m : 08:55.45 (01:07.65)
850m : --- 900m : 10:03.02 (01:07.67) 1000m : 11:10.07 (01:07.62) 1100m : 12:18.00 (01:07.66) 1200m : 13:25.67 (01:07.27)
1300m : 14:33.21 (01:07.54) 1400m : 15:40.71 (01:07.50) 1500m : 16:44.99 (01:04.28)

6 DJENNANE Yacine (2002) ALG

CA ORSAY **16:52.22** **1091 pts**
50m : 00:30.16 (00:30.16) 100m : 01:03.16 (00:33.00) 150m : 01:36.66 (00:33.50) 200m : 02:10.41 (00:33.75) 250m : 02:44.13 (00:33.72) 300m : 03:18.16 (00:34.03) 350m : 03:52.13 (00:33.97) 400m : 04:26.18 (00:34.05)
450m : --- 500m : 05:34.44 (01:08.26) 600m : 06:43.03 (01:08.69) 700m : 07:52.06 (01:09.03) 800m : 09:00.56 (01:08.40)
850m : --- 900m : 10:08.44 (01:07.88) 1000m : 11:17.06 (01:08.72) 1100m : 12:25.08 (01:08.07) 1200m : 13:32.91 (01:07.78)
1300m : 14:40.00 (01:07.09) 1400m : 15:48.05 (01:08.05) 1500m : 16:52.22 (01:04.17)

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

400 4 Nages Messieurs - Séries (suite)

5	DA SILVA Martin (2003) FRA	CN VIRY-CHÂTILLON	04:47.20	1047 pts
		50m : 00:29.38 (00:29.38) 100m : 01:04.15 (00:34.77) 150m : 01:42.16 (00:38.01) 200m : 02:19.32 (00:37.16) 250m : 02:58.09 (00:38.77) 300m : 03:37.95 (00:39.86) 350m : 04:12.75 (00:34.80) 400m : 04:47.20 (00:34.45)		
6	DJENNANE Yacine (2002) ALG	CA ORSAY	04:52.30	1011 pts
		50m : 00:31.13 (00:31.13) 100m : 01:08.13 (00:37.00) 150m : 01:46.23 (00:38.10) 200m : 02:22.98 (00:36.75) 250m : 03:03.41 (00:40.43) 300m : 03:44.41 (00:41.00) 350m : 04:18.86 (00:34.45) 400m : 04:52.30 (00:33.44)		
7	QUANTIN Hugo (2001) FRA	CA ORSAY	04:57.35	975 pts
		50m : 00:30.20 (00:30.20) 100m : 01:05.47 (00:35.27) 150m : 01:42.81 (00:37.34) 200m : 02:19.79 (00:36.98) 250m : 03:02.74 (00:42.95) 300m : 03:46.65 (00:43.91) 350m : 04:22.38 (00:35.73) 400m : 04:57.35 (00:34.97)		
8	JULIEN Tristan (2002) FRA	EN LONGJUMEAU	04:57.75	973 pts
		50m : 00:29.89 (00:29.89) 100m : 01:06.01 (00:36.12) 150m : 01:46.01 (00:40.00) 200m : 02:24.96 (00:38.95) 250m : 03:05.42 (00:40.46) 300m : 03:47.99 (00:42.57) 350m : 04:23.79 (00:35.80) 400m : 04:57.75 (00:33.96)		
9	CHARBONNEL Theo (2001) FRA	CN ST-MICHEL-SUR-ORGE	05:00.09	957 pts
		50m : 00:29.62 (00:29.62) 100m : 01:04.91 (00:35.29) 150m : 01:40.34 (00:35.43) 200m : 02:15.87 (00:35.53) 250m : 03:00.41 (00:44.54) 300m : 03:46.19 (00:45.78) 350m : 04:23.51 (00:37.32) 400m : 05:00.09 (00:36.58)		
10	GENEVOIS Yanis (2002) FRA	CN VIRY-CHÂTILLON	05:02.74	939 pts
		50m : 00:30.56 (00:30.56) 100m : 01:06.36 (00:35.80) 150m : 01:40.30 (00:33.94) 200m : 02:23.06 (00:42.76) 250m : 03:06.59 (00:43.53) 300m : 03:51.70 (00:45.11) 350m : 04:28.31 (00:36.61) 400m : 05:02.74 (00:34.43)		
11	BOUCAS Joan (2004) FRA	CN VIRY-CHÂTILLON	05:03.74	932 pts
		50m : 00:31.84 (00:31.84) 100m : 01:09.23 (00:37.39) 150m : 01:47.16 (00:37.93) 200m : 02:24.34 (00:37.18) 250m : 03:10.28 (00:45.94) 300m : 03:55.38 (00:45.10) 350m : 04:30.66 (00:35.28) 400m : 05:03.74 (00:33.08)		
12	ABBOUDI Erwan (2005) FRA	CN VIRY-CHÂTILLON	05:04.66	926 pts
		50m : 00:33.60 (00:33.60) 100m : 01:12.03 (00:38.43) 150m : 01:51.04 (00:39.01) 200m : 02:29.53 (00:38.49) 250m : 03:11.54 (00:42.01) 300m : 03:54.12 (00:42.58) 350m : 04:30.25 (00:36.13) 400m : 05:04.66 (00:34.41)		
13	DA CUNHA David (2003) FRA	CA ORSAY	05:07.03	910 pts
		50m : 00:31.12 (00:31.12) 100m : 01:09.02 (00:37.90) 150m : 01:48.22 (00:39.20) 200m : 02:25.04 (00:37.62) 250m : 03:11.51 (00:45.67) 300m : 03:58.22 (00:46.71) 350m : 04:33.41 (00:35.19) 400m : 05:07.03 (00:33.62)		
14	JEAN Nicolas (2003) FRA	CA ORSAY	05:07.89	904 pts
		50m : 00:30.24 (00:30.24) 100m : 01:05.32 (00:35.08) 150m : 01:45.26 (00:39.94) 200m : 02:24.93 (00:39.67) 250m : 03:10.94 (00:46.01) 300m : 03:58.05 (00:47.11) 350m : 04:33.52 (00:35.47) 400m : 05:07.89 (00:34.37)		
15	BENGHERIB Soufiane (2003) FRA	US GRIGNY	05:09.45	894 pts
		50m : 00:31.80 (00:31.80) 100m : 01:09.66 (00:37.86) 150m : 01:51.20 (00:41.54) 200m : 02:30.53 (00:39.33) 250m : 03:15.13 (00:44.60) 300m : 04:01.66 (00:46.53) 350m : 04:36.96 (00:35.30) 400m : 05:09.45 (00:32.49)		
16	POUSSIN Romain (1990) FRA	US GRIGNY	05:10.02	890 pts
		50m : 00:30.98 (00:30.98) 100m : 01:07.84 (00:36.86) 150m : 01:48.03 (00:40.19) 200m : 02:27.38 (00:39.35) 250m : 03:12.30 (00:44.92) 300m : 03:57.65 (00:45.35) 350m : 04:34.41 (00:36.76) 400m : 05:10.02 (00:35.61)		
17	DUMON Thomas (2005) FRA	CN VIRY-CHÂTILLON	05:10.71	885 pts
		50m : 00:31.95 (00:31.95) 100m : 01:10.31 (00:38.36) 150m : 01:51.41 (00:41.10) 200m : 02:31.91 (00:40.50) 250m : 03:15.73 (00:43.82) 300m : 04:00.73 (00:45.00) 350m : 04:36.90 (00:36.17) 400m : 05:10.71 (00:33.81)		
18	BOUABDELLAH Yassine (2005) FRA	ES MASSY NATATION	05:11.56	880 pts
		50m : 00:31.62 (00:31.62) 100m : 01:07.99 (00:36.37) 150m : 01:49.20 (00:41.21) 200m : 02:28.34 (00:39.14) 250m : 03:13.74 (00:45.40) 300m : 04:00.07 (00:46.33) 350m : 04:36.81 (00:36.74) 400m : 05:11.56 (00:34.75)		
19	MIALOT Rémi (2005) FRA	CA ORSAY	05:13.07	870 pts
		50m : 00:32.61 (00:32.61) 100m : 01:12.11 (00:39.50) 150m : 01:50.99 (00:38.88) 200m : 02:28.94 (00:37.95) 250m : 03:16.45 (00:47.51) 300m : 04:04.04 (00:47.59) 350m : 04:39.58 (00:35.54) 400m : 05:13.07 (00:33.49)		
20	SAUTEREAU Vincent (2000) FRA	CA ORSAY	05:13.21	869 pts
		50m : 00:31.09 (00:31.09) 100m : 01:08.41 (00:37.32) 150m : 01:49.91 (00:41.50) 200m : 02:31.22 (00:41.31) 250m : 03:16.37 (00:45.15) 300m : 04:02.72 (00:46.35) 350m : 04:38.12 (00:35.40) 400m : 05:13.21 (00:35.09)		
21	VERLA Gatien (2005) FRA	CN VIRY-CHÂTILLON	05:15.81	852 pts
		50m : 00:34.56 (00:34.56) 100m : 01:14.61 (00:40.05) 150m : 01:54.65 (00:40.04) 200m : 02:33.72 (00:39.07) 250m : 03:18.84 (00:45.12) 300m : 04:04.21 (00:45.37) 350m : 04:40.78 (00:36.57) 400m : 05:15.81 (00:35.03)		
22	BOULANGER Maxance (2004) FRA	EN STE-GENEVIÈVE-DES-BOIS	05:18.06	838 pts
		50m : 00:34.31 (00:34.31) 100m : 01:15.09 (00:40.78) 150m : 01:56.84 (00:41.75) 200m : 02:36.09 (00:39.25) 250m : 03:20.81 (00:44.72) 300m : 04:06.19 (00:45.38) 350m : 04:43.09 (00:36.90) 400m : 05:18.06 (00:34.97)		
23	YAYA Freddy-Martyn (2005) FRA	CN VIRY-CHÂTILLON	05:19.22	830 pts
		50m : 00:32.54 (00:32.54) 100m : 01:10.71 (00:38.17) 150m : 01:52.50 (00:41.79) 200m : 02:33.67 (00:41.17) 250m : 03:21.26 (00:47.59) 300m : 04:09.59 (00:48.33) 350m : 04:45.18 (00:35.59) 400m : 05:19.22 (00:34.04)		
24	BAZY Justin (2002) FRA	EN STE-GENEVIÈVE-DES-BOIS	05:19.37	829 pts
		50m : 00:33.12 (00:33.12) 100m : 01:13.31 (00:40.19) 150m : 01:55.51 (00:42.20) 200m : 02:37.76 (00:42.25) 250m : 03:23.12 (00:45.36) 300m : 04:09.16 (00:46.04) 350m : 04:44.31 (00:35.15) 400m : 05:19.37 (00:35.06)		
25	HADDOUCHE Yazid (2005) FRA	CN VIRY-CHÂTILLON	05:20.94	819 pts
		50m : 00:33.09 (00:33.09) 100m : 01:12.15 (00:39.06) 150m : 01:54.40 (00:42.25) 200m : 02:35.98 (00:41.58) 250m : 03:21.45 (00:45.47) 300m : 04:07.24 (00:45.79) 350m : 04:45.19 (00:37.95) 400m : 05:20.94 (00:35.75)		
26	MUNIER Tristan (1997) FRA	CO ULIS NATATION	05:26.09	787 pts
		50m : 00:30.42 (00:30.42) 100m : 01:05.78 (00:35.36) 150m : 01:49.25 (00:43.47) 200m : 02:31.53 (00:42.28) 250m : 03:18.07 (00:46.54) 300m : 04:06.90 (00:48.83) 350m : 04:47.82 (00:40.92) 400m : 05:26.09 (00:38.27)		
27	KEBIRI Mohamed-Aymen (2004) FRA	US GRIGNY	05:26.17	787 pts
		50m : 00:33.94 (00:33.94) 100m : 01:11.57 (00:37.63) 150m : 01:58.06 (00:46.49) 200m : 02:38.97 (00:40.91) 250m : 03:25.20 (00:46.23) 300m : 04:12.61 (00:47.41) 350m : 04:50.22 (00:37.61) 400m : 05:26.17 (00:35.95)		
28	CHARBONNEL Mathis (2005) FRA	CN ST-MICHEL-SUR-ORGE	05:30.11	762 pts
		50m : 00:34.66 (00:34.66) 100m : 01:15.00 (00:40.34) 150m : 01:56.46 (00:41.46) 200m : 02:36.67 (00:40.21) 250m : 03:24.56 (00:47.89) 300m : 04:12.82 (00:48.26) 350m : 04:52.72 (00:39.90) 400m : 05:30.11 (00:37.39)		

Meeting 1/2 Fond et 4 Nages de l'Essonne - MASSY (FRA)

Type : Meeting Départemental labellisé - ESSONNE
Du Samedi 23 au Dimanche 24 Novembre 2019 - Bassin de : 25 m.

400 4 Nages Messieurs - Séries (suite)

29	KRAIEM Adam (2003) FRA	AS CORBEIL-ESSONNE	05:32.43	748 pts
		50m : 00:31.64 (00:31.64) 100m : 01:10.18 (00:38.54) 150m : 01:53.15 (00:42.97) 200m : 02:35.38 (00:42.23) 250m : 03:24.48 (00:49.10) 300m : 04:12.97 (00:48.49) 350m : 04:52.93 (00:39.96) 400m : 05:32.43 (00:39.50)		
30	CISSE Yohann (2005) FRA	CN ST-MICHEL-SUR-ORGE	05:33.55	742 pts
		50m : 00:34.09 (00:34.09) 100m : 01:15.92 (00:41.83) 150m : 01:58.20 (00:42.28) 200m : 02:41.09 (00:42.89) 250m : 03:30.56 (00:49.47) 300m : 04:19.60 (00:49.04) 350m : 04:57.76 (00:38.16) 400m : 05:33.55 (00:35.79)		
31	RANDRIANJAFY Lucky (2005) FRA	EN LONGJUMEAU	05:34.84	734 pts
		50m : 00:33.99 (00:33.99) 100m : 01:15.17 (00:41.18) 150m : 01:59.56 (00:44.39) 200m : 02:40.60 (00:41.04) 250m : 03:31.20 (00:50.60) 300m : 04:20.20 (00:49.00) 350m : 04:58.20 (00:38.00) 400m : 05:34.84 (00:36.64)		
32	MADDI Fares (2005) FRA	CN VIRY-CHÂTILLON	05:39.73	705 pts
		50m : 00:33.22 (00:33.22) 100m : 01:12.59 (00:39.37) 150m : 01:58.12 (00:45.53) 200m : 02:48.90 (00:43.24) 250m : 03:33.12 (00:39.68) 300m : 04:24.59 (00:51.47) 350m : 05:02.69 (00:38.10) 400m : 05:39.73 (00:37.04)		
33	GUILLERM Ethan (2005) FRA	CN VIRY-CHÂTILLON	05:45.13	674 pts
		50m : 00:36.13 (00:36.13) 100m : 01:20.59 (00:44.46) 150m : 02:05.66 (00:45.07) 200m : 02:48.90 (00:43.24) 250m : 03:38.09 (00:49.19) 300m : 04:26.91 (00:48.82) 350m : 05:06.38 (00:39.47) 400m : 05:45.13 (00:38.75)		
34	OZOUF Mathieu-Raphael (2002) FRA	EN STE-GENEVIÈVE-DES-BOIS	05:53.82	625 pts
		50m : 00:33.16 (00:33.16) 100m : 01:15.19 (00:42.03) 150m : 02:02.94 (00:47.75) 200m : 02:48.71 (00:45.77) 250m : 03:42.47 (00:53.76) 300m : 04:37.19 (00:54.72) 350m : 05:15.02 (00:37.83) 400m : 05:53.82 (00:38.80)		
35	SAYAGH Ramzi (2005) FRA	EN LONGJUMEAU	06:01.47	583 pts
		50m : 00:39.16 (00:39.16) 100m : 01:27.61 (00:48.45) 150m : 02:15.15 (00:47.54) 200m : 03:00.45 (00:45.30) 250m : 03:48.94 (00:48.49) 300m : 04:38.67 (00:49.73) 350m : 05:20.39 (00:41.72) 400m : 06:01.47 (00:41.08)		
36	VILLEMONTAIX Thibault (2004) FRA	EN LONGJUMEAU	06:01.93	581 pts
		50m : 00:36.65 (00:36.65) 100m : 01:20.03 (00:43.38) 150m : 02:05.22 (00:45.19) 200m : 02:50.36 (00:45.14) 250m : 03:44.47 (00:54.11) 300m : 04:39.97 (00:55.50) 350m : 05:21.75 (00:41.78) 400m : 06:01.93 (00:40.18)		
37	LENUD-HOLLINGER Thibaud (2005) FRA	MORSANG ESSONNE NATATION	06:16.41	506 pts
		50m : 00:36.63 (00:36.63) 100m : 01:25.28 (00:48.65) 150m : 02:12.24 (00:46.96) 200m : 02:59.03 (00:46.79) 250m : 03:56.22 (00:57.19) 300m : 04:53.87 (00:57.65) 350m : 05:36.04 (00:42.17) 400m : 06:16.41 (00:40.37)		
38	BARASCUD-BERRY Alban (2005) FRA	MORSANG ESSONNE NATATION	06:16.70	505 pts
		50m : 00:38.32 (00:38.32) 100m : 01:27.30 (00:48.98) 150m : 02:18.58 (00:51.28) 200m : 03:07.37 (00:48.79) 250m : 03:57.50 (00:50.13) 300m : 04:49.69 (00:52.19) 350m : 05:34.16 (00:44.47) 400m : 06:16.70 (00:42.54)		
39	LOUAMI Salim (2006) FRA	CN ST-MICHEL-SUR-ORGE	06:23.17	473 pts
		50m : 00:38.56 (00:38.56) 100m : 01:28.68 (00:50.12) 150m : 02:14.91 (00:46.23) 200m : 03:00.60 (00:45.69) 250m : 03:57.08 (00:56.48) 300m : 04:54.85 (00:57.77) 350m : 05:39.82 (00:44.97) 400m : 06:23.17 (00:43.35)		
40	MESSAOUDI Eloi (2005) FRA	EN STE-GENEVIÈVE-DES-BOIS	06:24.03	469 pts
		50m : 00:40.97 (00:40.97) 100m : 01:31.94 (00:50.97) 150m : 02:22.97 (00:51.03) 200m : 03:11.47 (00:48.50) 250m : 04:03.33 (00:51.86) 300m : 04:56.79 (00:53.46) 350m : 05:40.83 (00:44.04) 400m : 06:24.03 (00:43.20)		
---	LE COZ Cédric (2002) FRA	AS CORBEIL-ESSONNE	DSQ	

Les codes des disqualifications ou des forfaits

DSQ : Disqualifié DNF : Abandon DNS : Forfait DNS dec : Forfait déclaré Epre : Epreuve non courue